

3 - Sessie 3

24-11-2018 - 10:45

Programmanr. 29 Heren, 400m wisselslag Junioren 1 en ouder  
 24-11-2018 Resultaten

Nederlands Record 4:05.41 Marcel Wouda 13-033 Paris (FRA) 1997

| rang              | naam            | vereniging    | intijd        | tijd          | RT            |
|-------------------|-----------------|---------------|---------------|---------------|---------------|
| <b>Junioren 2</b> |                 |               |               |               |               |
| 1.                | Wouter Provoost | ZCKoewacht 1  | 6:44.14       | 200500703     | 6:06.65 +1,08 |
|                   | 50m: 42.48      | 150m: 2:21.32 | 250m: 3:57.60 | 350m: 5:29.67 |               |
|                   | 100m: 1:34.95   | 200m: 3:09.01 | 300m: 4:51.04 | 400m: 6:06.65 |               |
| 2.                | Tomas Hertogh   | Scheldestroom | 6:10.18       | 200500297     | 6:07.96 +0,75 |
|                   | 50m: 38.77      | 150m: 2:13.29 | 250m: 3:47.49 | 350m: 5:26.76 |               |
|                   | 100m: 1:27.21   | 200m: 2:57.68 | 300m: 4:40.98 | 400m: 6:07.96 |               |

|                   |               |               |               |               |               |
|-------------------|---------------|---------------|---------------|---------------|---------------|
| <b>Junioren 3</b> |               |               |               |               |               |
| 1.                | Luuk Zijlstra | Scheldestroom | 6:03.13       | 200401075     | 5:48.72 +0,78 |
|                   | 50m: 37.27    | 150m: 2:06.92 | 250m: 3:38.83 | 350m: 5:08.80 |               |
|                   | 100m: 1:23.01 | 200m: 2:49.15 | 300m: 4:27.63 | 400m: 5:48.72 |               |

|                   |                 |                          |               |               |               |
|-------------------|-----------------|--------------------------|---------------|---------------|---------------|
| <b>Junioren 4</b> |                 |                          |               |               |               |
| 1.                | Flynn Wolterman | Z & PC De Zeeuwse Kust 1 | 5:45.17       | 200301063     | 5:25.57 +0,77 |
|                   | 50m: 31.96      | 150m: 1:52.44            | 250m: 3:21.23 | 350m: 4:49.26 |               |
|                   | 100m: 1:09.39   | 200m: 2:33.53            | 300m: 4:09.83 | 400m: 5:25.57 |               |
| 2.                | Sander Provoost | ZCKoewacht 1             | 6:11.51       | 200302121     | 6:03.48 +0,84 |
|                   | 50m: 38.39      | 150m: 2:13.93            | 250m: 3:50.73 | 350m: 5:26.31 |               |
|                   | 100m: 1:29.73   | 200m: 2:56.28            | 300m: 4:46.79 | 400m: 6:03.48 |               |

|                     |               |                          |               |               |               |
|---------------------|---------------|--------------------------|---------------|---------------|---------------|
| <b>Jeugd 1 en 2</b> |               |                          |               |               |               |
| 1.                  | Guido Brink   | Z & PC De Zeeuwse Kust 1 | 5:00.94       | 200200199     | 5:14.97 +0,70 |
|                     | 50m: 32.95    | 150m: 1:54.29            | 250m: 3:17.48 | 350m: 4:38.22 |               |
|                     | 100m: 1:12.99 | 200m: 2:34.44            | 300m: 3:59.51 | 400m: 5:14.97 |               |

|                            |                        |                          |               |               |               |
|----------------------------|------------------------|--------------------------|---------------|---------------|---------------|
| <b>Senioren 1 en ouder</b> |                        |                          |               |               |               |
| 1.                         | Roderick van Doeselaar | Scheldestroom            | 5:13.33       | 199200261     | 5:09.03 +0,74 |
|                            | 50m: 32.33             | 150m: 1:49.42            | 250m: 3:12.14 | 350m: 4:33.18 |               |
|                            | 100m: 1:09.62          | 200m: 2:30.03            | 300m: 3:56.26 | 400m: 5:09.03 |               |
| 2.                         | Tom van Gils           | Z & PC De Zeeuwse Kust 1 | 5:33.08       | 199501799     | 5:17.81 +0,74 |
|                            | 50m: 33.07             | 150m: 1:52.42            | 250m: 3:17.80 | 350m: 4:41.61 |               |
|                            | 100m: 1:12.33          | 200m: 2:32.04            | 300m: 4:04.90 | 400m: 5:17.81 |               |
| 3.                         | Tom Erpelinck          | De Honte                 | 5:16.14       | 199100607     | 5:22.86 +0,77 |
|                            | 50m: 31.56             | 150m: 1:49.21            | 250m: 3:16.76 | 350m: 4:41.92 |               |
|                            | 100m: 1:08.35          | 200m: 2:28.84            | 300m: 4:05.00 | 400m: 5:22.86 |               |

Programmanr. 30 Dames, 800m vrije slag Senioren Open  
 24-11-2018 Resultaten

Nederlands Record 8:08.17 Sharon van Rouwendaal 13-033 Doha (QAT) 2014

| rang              | naam              | vereniging               | intijd        | tijd           | RT             |
|-------------------|-------------------|--------------------------|---------------|----------------|----------------|
| <b>Junioren 1</b> |                   |                          |               |                |                |
| 1.                | Wies Ruitenbeek   | Z & PC De Zeeuwse Kust 1 | 13:32.72      | 200700234      | 12:37.70 +0,91 |
|                   | 50m: 41.66        | 200m: 3:05.52            | 350m: 5:32.24 | 500m: 7:58.10  | 650m: 10:21.35 |
|                   | 100m: 1:28.31     | 250m: 3:53.91            | 400m: 6:20.87 | 550m: 8:46.53  | 700m: 11:07.58 |
|                   | 150m: 2:16.79     | 300m: 4:43.36            | 450m: 7:09.37 | 600m: 9:34.12  | 750m: 11:53.68 |
| 2.                | Nienke de Plucker | De Honte                 | 18:48.89      | 200701260      | 16:16.85 +0,73 |
|                   | 50m: 48.79        | 200m: 3:54.07            | 350m: 7:04.16 | 500m: 10:11.49 | 650m: 13:16.88 |
|                   | 100m: 1:49.07     | 250m: 4:57.58            | 400m: 8:06.74 | 550m: 11:12.90 | 700m: 14:18.49 |
|                   | 150m: 2:50.47     | 300m: 6:00.85            | 450m: 9:09.84 | 600m: 12:15.49 | 750m: 15:21.47 |

Programmanr. 30, Dames, 800m vrije slag

Junioren 2

|                  |                          |               |               |                |                |
|------------------|--------------------------|---------------|---------------|----------------|----------------|
| 1. Shanna Joppe  | Z & PC De Zeeuwse Kust 1 | 10:33.86      | 200601186     | 10:53.86       | +0,90          |
| 50m: 35.47       | 200m: 2:37.23            | 350m: 4:43.04 | 500m: 6:49.08 | 650m: 8:53.57  | 800m: 10:53.86 |
| 100m: 1:15.36    | 250m: 3:18.88            | 400m: 5:25.44 | 550m: 7:30.94 | 700m: 9:35.39  |                |
| 150m: 1:55.94    | 300m: 4:00.88            | 450m: 6:07.26 | 600m: 8:12.35 | 750m: 10:16.32 |                |
| 2. Merel Hommers | De Schelde               | 13:02.33      | 200600926     | 12:24.52       | +0,60          |
| 50m: 38.67       | 200m: 2:57.50            | 350m: 5:20.62 | 500m: 7:44.55 | 650m: 10:08.72 | 800m: 12:24.52 |
| 100m: 1:23.96    | 250m: 3:45.50            | 400m: 6:09.04 | 550m: 8:33.47 | 700m: 10:56.39 |                |
| 150m: 2:10.53    | 300m: 4:33.03            | 450m: 6:56.92 | 600m: 9:21.94 | 750m: 11:42.66 |                |
| 3. Sam Albicher  | De Schelde               | 13:14.80      | 200600936     | 12:44.76       | +0,64          |
| 50m: 40.08       | 200m: 2:58.22            | 350m: 5:25.50 | 500m: 7:55.14 | 650m: 10:20.92 | 800m: 12:44.76 |
| 100m: 1:23.74    | 250m: 3:45.81            | 400m: 6:15.54 | 550m: 8:44.79 | 700m: 11:11.17 |                |
| 150m: 2:10.20    | 300m: 4:35.13            | 450m: 7:05.31 | 600m: 9:33.91 | 750m: 11:59.29 |                |

Junioren 3

|                      |                          |               |               |                |                |
|----------------------|--------------------------|---------------|---------------|----------------|----------------|
| 1. Maud Ruitenbeek   | Z & PC De Zeeuwse Kust 1 | 12:02.54      | 200501894     | 11:26.57       | +0,82          |
| *                    |                          |               |               |                |                |
| 50m: 36.85           | 200m: 2:47.22            | 350m: 4:59.44 | 500m: 7:10.77 | 650m: 9:20.88  | 800m: 11:26.57 |
| 100m: 1:19.22        | 250m: 3:31.09            | 400m: 5:42.98 | 550m: 7:54.09 | 700m: 10:03.58 |                |
| 150m: 2:03.40        | 300m: 4:14.58            | 450m: 6:26.73 | 600m: 8:37.64 | 750m: 10:46.19 |                |
| 2. Maaïke Meulblok   | Z & PC De Zeeuwse Kust 1 | 12:15.60      | 200500104     | 11:48.71       | +0,63          |
| 50m: 38.32           | 200m: 2:50.32            | 350m: 5:07.73 | 500m: 7:24.57 | 650m: 9:40.51  | 800m: 11:48.71 |
| 100m: 1:21.18        | 250m: 3:35.58            | 400m: 5:52.68 | 550m: 8:10.29 | 700m: 10:24.46 |                |
| 150m: 2:05.88        | 300m: 4:21.78            | 450m: 6:38.47 | 600m: 8:56.00 | 750m: 11:08.21 |                |
| 3. Maxime Verbruggen | ZCKoewacht 1             | 14:18.66      | 200503632     | 12:44.02       | +0,87          |
| 50m: 38.84           | 200m: 2:57.53            | 350m: 5:24.43 | 500m: 7:52.09 | 650m: 10:21.20 | 800m: 12:44.02 |
| 100m: 1:23.68        | 250m: 3:45.88            | 400m: 6:13.53 | 550m: 8:42.03 | 700m: 11:10.48 |                |
| 150m: 2:10.43        | 300m: 4:34.50            | 450m: 7:02.63 | 600m: 9:32.40 | 750m: 11:58.55 |                |

Jeugd 1 en 2

|                      |                          |               |               |                |                |
|----------------------|--------------------------|---------------|---------------|----------------|----------------|
| 1. Babet de Voogd    | Z & PC De Zeeuwse Kust 1 | 9:41.39       | 200301362     | 9:53.35        | +0,75          |
| 50m: 32.11           | 200m: 2:22.55            | 350m: 4:14.67 | 500m: 6:07.62 | 650m: 7:59.98  | 800m: 9:53.35  |
| 100m: 1:07.76        | 250m: 2:59.75            | 400m: 4:52.33 | 550m: 6:45.21 | 700m: 8:37.74  |                |
| 150m: 1:45.09        | 300m: 3:37.14            | 450m: 5:29.59 | 600m: 7:22.39 | 750m: 9:15.87  |                |
| 2. Tessa Roovers     | De Schelde               | 10:53.75      | 200405206     | 10:41.86       | +0,68          |
| 50m: 35.60           | 200m: 2:36.20            | 350m: 4:37.09 | 500m: 6:40.39 | 650m: 8:43.58  | 800m: 10:41.86 |
| 100m: 1:15.13        | 250m: 3:16.57            | 400m: 5:17.38 | 550m: 7:21.38 | 700m: 9:24.16  |                |
| 150m: 1:55.34        | 300m: 3:56.88            | 450m: 5:58.56 | 600m: 8:02.26 | 750m: 10:04.61 |                |
| 3. Lavinya Herrebout | Z & PC De Zeeuwse Kust 1 | 11:53.83      | 200402942     | 10:51.88       | +0,90          |
| 50m: 35.76           | 200m: 2:36.18            | 350m: 4:38.22 | 500m: 6:43.92 | 650m: 8:50.25  | 800m: 10:51.88 |
| 100m: 1:15.44        | 250m: 3:16.60            | 400m: 5:19.57 | 550m: 7:26.37 | 700m: 9:31.79  |                |
| 150m: 1:55.44        | 300m: 3:57.73            | 450m: 6:01.46 | 600m: 8:08.89 | 750m: 10:13.38 |                |
| 4. Nasca van Dijk    | ZCKoewacht 1             | 12:07.19      | 200300816     | 11:19.95       | +0,70          |
| 50m: 36.49           | 200m: 2:40.25            | 350m: 4:49.89 | 500m: 7:00.43 | 650m: 9:11.23  | 800m: 11:19.95 |
| 100m: 1:16.78        | 250m: 3:22.66            | 400m: 5:33.22 | 550m: 7:43.65 | 700m: 9:55.17  |                |
| 150m: 1:58.39        | 300m: 4:06.15            | 450m: 6:16.49 | 600m: 8:27.60 | 750m: 10:38.54 |                |
| 5. Fleur de Ridder   | ZCKoewacht 1             | 12:48.68      | 200402052     | 12:28.45       | +0,82          |
| 50m: 39.07           | 200m: 2:59.20            | 350m: 5:22.37 | 500m: 7:47.25 | 650m: 10:11.54 | 800m: 12:28.45 |
| 100m: 1:24.01        | 250m: 3:47.24            | 400m: 6:11.15 | 550m: 8:35.02 | 700m: 10:58.96 |                |
| 150m: 2:11.30        | 300m: 4:34.20            | 450m: 6:58.81 | 600m: 9:23.14 | 750m: 11:45.96 |                |

Senioren 1 en ouder

|                          |                          |               |               |                |                |
|--------------------------|--------------------------|---------------|---------------|----------------|----------------|
| 1. Kirsten Walraven      | Z & PC De Zeeuwse Kust 1 | 9:45.17       | 200001358     | 9:40.12        | +0,78          |
| 50m: 31.38               | 200m: 2:21.18            | 350m: 4:11.53 | 500m: 6:01.58 | 650m: 7:50.90  | 800m: 9:40.12  |
| 100m: 1:06.89            | 250m: 2:57.94            | 400m: 4:48.40 | 550m: 6:38.25 | 700m: 8:27.50  |                |
| 150m: 1:44.13            | 300m: 3:34.63            | 450m: 5:25.12 | 600m: 7:14.78 | 750m: 9:04.27  |                |
| 2. Céline Brink          | Z & PC De Zeeuwse Kust 1 | 10:11.70      | 200001836     | 10:43.73       | +0,75          |
| 50m: 33.41               | 200m: 2:33.46            | 350m: 4:36.80 | 500m: 6:40.96 | 650m: 8:44.32  | 800m: 10:43.73 |
| 100m: 1:12.22            | 250m: 3:13.99            | 400m: 5:18.55 | 550m: 7:22.14 | 700m: 9:24.83  |                |
| 150m: 1:52.13            | 300m: 3:55.35            | 450m: 5:59.83 | 600m: 8:02.54 | 750m: 10:05.34 |                |
| 3. Josine van Dorsselaer | ZCKoewacht 1             | 10:51.75      | 198801040     | 10:55.16       | +0,77          |
| 50m: 35.60               | 200m: 2:36.31            | 350m: 4:40.40 | 500m: 6:45.29 | 650m: 8:50.59  | 800m: 10:55.16 |
| 100m: 1:15.16            | 250m: 3:17.42            | 400m: 5:21.85 | 550m: 7:27.05 | 700m: 9:32.49  |                |
| 150m: 1:55.35            | 300m: 3:58.82            | 450m: 6:03.36 | 600m: 8:09.12 | 750m: 10:14.32 |                |
| 4. Eline Nijskens        | ZCKoewacht 1             | 11:23.01      | 198803194     | 11:03.97       | +0,99          |
| 50m: 36.84               | 200m: 2:40.22            | 350m: 4:45.71 | 500m: 6:50.23 | 650m: 8:57.40  | 800m: 11:03.97 |
| 100m: 1:17.02            | 250m: 3:22.38            | 400m: 5:27.51 | 550m: 7:32.64 | 700m: 9:40.03  |                |
| 150m: 1:58.34            | 300m: 4:04.00            | 450m: 6:08.74 | 600m: 8:14.98 | 750m: 10:22.94 |                |

Programmanr. 30, Dames, 800m vrije slag, Senioren 1 en ouder

| rang | naam            | vereniging    | intijd        |               | tijd           | RT             |
|------|-----------------|---------------|---------------|---------------|----------------|----------------|
| 5.   | Marenne Huigh   | Scheldestroom | 11:51.25      | 199900852     | 11:49.13       | +0,62          |
|      | 50m: 36.55      | 200m: 2:47.12 | 350m: 5:03.66 | 500m: 7:20.70 | 650m: 9:35.36  | 800m: 11:49.13 |
|      | 100m: 1:18.27   | 250m: 3:32.10 | 400m: 5:49.16 | 550m: 8:05.17 | 700m: 10:20.44 |                |
|      | 150m: 2:02.79   | 300m: 4:17.92 | 450m: 6:35.10 | 600m: 8:49.87 | 750m: 11:05.61 |                |
| 6.   | Kayleigh Kloet  | Sg ZOC        | 11:09.02      | 199802860     | 11:51.99       | +1,00          |
|      | 50m: 36.31      | 200m: 2:44.21 | 350m: 4:59.56 | 500m: 7:19.14 | 650m: 9:37.91  | 800m: 11:51.99 |
|      | 100m: 1:16.75   | 250m: 3:29.10 | 400m: 5:45.83 | 550m: 8:05.38 | 700m: 10:24.61 |                |
|      | 150m: 1:59.98   | 300m: 4:14.18 | 450m: 6:32.39 | 600m: 8:51.52 | 750m: 11:10.79 |                |
| 7.   | Daphne Vonk     | ZCKoewacht 1  | 12:12.20      | 200202216     | 11:54.52       | +0,82          |
|      | 50m: 37.90      | 200m: 2:49.98 | 350m: 5:06.11 | 500m: 7:23.13 | 650m: 9:41.34  | 800m: 11:54.52 |
|      | 100m: 1:20.85   | 250m: 3:35.26 | 400m: 5:51.10 | 550m: 8:09.00 | 700m: 10:26.73 |                |
|      | 150m: 2:05.16   | 300m: 4:21.34 | 450m: 6:37.12 | 600m: 8:55.16 | 750m: 11:11.82 |                |
| 8.   | Margreta Jansen | Sg ZOC        | 13:09.00      | 196500134     | 12:56.60       | +1,18          |
|      | 50m: 40.35      | 200m: 3:02.25 | 350m: 5:29.90 | 500m: 7:58.56 | 650m: 10:28.71 | 800m: 12:56.60 |
|      | 100m: 1:25.83   | 250m: 3:51.51 | 400m: 6:19.07 | 550m: 8:48.59 | 700m: 11:18.83 |                |
|      | 150m: 2:13.48   | 300m: 4:40.79 | 450m: 7:08.71 | 600m: 9:38.83 | 750m: 12:09.01 |                |

AFGEM Esther Tiemersma

Z & PC De Zeeuwse Kust 1 10:18.74 200202962

BM Lieke Duijinkerke

Z & PC De Zeeuwse Kust 1 NT 200700468

S10 12:04.91 +0,76 154

|               |               |               |               |                |                |
|---------------|---------------|---------------|---------------|----------------|----------------|
| 50m: 39.97    | 200m: 2:58.49 | 350m: 5:19.33 | 500m: 7:37.91 | 650m: 9:55.36  | 800m: 12:04.91 |
| 100m: 1:25.46 | 250m: 3:45.66 | 400m: 6:05.07 | 550m: 8:24.04 | 700m: 10:40.66 |                |
| 150m: 2:11.96 | 300m: 4:32.84 | 450m: 6:51.60 | 600m: 9:10.87 | 750m: 11:24.45 |                |

Programmanr. 31  
 24-11-2018

Gemengd, 4 x 50m wisselslag

12 jaar en ouder  
 Resultaten

Nederlands Record 1:41.27 Netherlands NED Eindhoven 2013

| rang         | vereniging         | intijd         | tijd    | RT                  |                |
|--------------|--------------------|----------------|---------|---------------------|----------------|
| 12 - 15 jaar |                    |                |         |                     |                |
| 1.           | De Bevelanders 3   | De Bevelanders | 2:27.88 | 2:26.00             |                |
|              | Vera de Munnik     | 04             | 39.45   | Fenna Theunissen    | 06 +0,65 38.41 |
|              | Bart Rommers       | 03 +0,63       | 38.78   | Joeri Kloosterman   | 04 +0,38 29.36 |
| 2.           | De Schelde 1       | De Schelde     | 2:20.66 | 2:31.45             |                |
|              | Carlijn Sigmond    | 06             | 40.97   | Sam Albicher        | 06 +0,33 41.63 |
|              | David Amiryfan     | 04 +0,25       | 37.05   | Pascal Faasse       | 03 +0,15 31.80 |
| 3.           | Scheldestroom 3    | Scheldestroom  | 2:32.70 | 2:31.54             |                |
|              | Esmee van den Hout | 05             | 42.77   | Tomas Hertogh       | 05 +0,44 36.30 |
|              | Luuk Zijlstra      | 04 +0,47       | 36.78   | Juul van Hanegem    | 05 +0,45 35.69 |
| 4.           | De Schelde 2       | De Schelde     | 2:38.08 | 2:32.98             |                |
|              | Thomas Goossen     | 04             | 34.13   | Anouk Bijl          | 05 +0,18 41.22 |
|              | Merel Hommers      | 06 -0,08       | 47.20   | Jeroen de Kort      | 03 +0,26 30.43 |
| 5.           | ZCKoewacht 1       | ZCKoewacht 1   | 2:43.32 | 2:42.44             |                |
|              | Lotte Vandamme     | 06             | 40.57   | Amy van der Zwan    | 05 +0,48 40.62 |
|              | Pieter Nuijten     | 06 +0,23       | 44.82   | Casper van der Zwan | 06 +0,17 36.43 |
| 6.           | De Honte 1         | De Honte       | 2:44.93 | 2:43.12             |                |
|              | Jamie Versprille   | 06             | 38.83   | Arne Versprille     | 06 +0,44 42.14 |
|              | Naomi Seij         | 05             | 43.51   | Lore Rombaut        | 06 +0,59 38.64 |

12-17 jaar

|    |                          |                          |         |                    |                |
|----|--------------------------|--------------------------|---------|--------------------|----------------|
| 1. | Scheldestroom 2          | Scheldestroom            | 2:06.14 | 2:04.34            |                |
|    | Romy van der Zwan        | 04                       | 34.55   | Marnix Scheele     | 01 +0,34 27.44 |
|    | Jeroen Aerssens          | 01 +0,28                 | 31.53   | Tara de Feijter    | 03 +0,22 30.82 |
| 2. | Z & PC De Zeeuwse Kust 1 | Z & PC De Zeeuwse Kust 1 | 2:03.61 | 2:08.78            |                |
|    | Fenna Klaassen           | 04                       | 36.24   | Remy Vane          | 02 +0,41 29.40 |
|    | Guido Brink              | 02 +0,24                 | 31.88   | Anouck Romeijnssen | 04 +0,63 31.26 |
| 3. | De Bevelanders 2         | De Bevelanders           | 2:14.68 | 2:14.21            |                |
|    | Ricardo Kloosterman      | 02                       | 30.50   | Tristan de Loeff   | 02 +0,41 30.86 |
|    | Mara Steenbakker         | 03 +0,58                 | 42.01   | Marieke Hirdes     | 03 +0,57 30.84 |
| 4. | ZCKoewacht 2             | ZCKoewacht 1             | 2:15.73 | 2:31.08            |                |
|    | Fleur de Ridder          | 04                       | 43.87   | Nasca van Dijk     | 03 34.94       |
|    | Sander Provoost          | 03                       | 41.70   | Wouter Provoost    | 05 +0,46 30.57 |

Programmanr. 31, Gemengd, 4 x 50m wisselslag

12 jaar en ouder

|    |  |                          |                |  |                                     |
|----|--|--------------------------|----------------|--|-------------------------------------|
| 1. | Z & PC De Zeeuwse Kust 2                   | Z & PC De Zeeuwse Kust 1 | 2:04.69        | 2:00.13                                  |                                     |
|    | Kirsten Walraven<br>Tom van Gils           | 00<br>95 +0,42           | 31.58<br>35.08 | Noa Eversdijk<br>Laura Nieuwland         | 99 +0,20<br>00 +0,36 25.39<br>28.08 |
| 2. | Scheldestroom 1                            | Scheldestroom            | 2:02.13        | 2:01.45                                  |                                     |
|    | Miriam van Noorden<br>Maarten van der Zwan | 91<br>75 -0,11           | 34.07<br>31.22 | Ryan Verplanke<br>Roderick van Doeselaar | 77 +0,37<br>92 +0,31 31.07<br>25.09 |
| 3. | De Bevelanders 1                           | De Bevelanders           | 2:04.48        | 2:01.66                                  |                                     |
|    | Roos van Marrewijk<br>Manon Kloosterman    | 01<br>97 +0,37           | 34.83<br>34.82 | Siebert van Dieren<br>Benjamin Vermeulen | 95 +0,30<br>00 +0,17 27.50<br>24.51 |
| 4. | De Honte 2                                 | De Honte                 | 2:09.60        | 2:10.70                                  |                                     |
|    | Jens van der Kraaij<br>Emke Erpelinck      | 06<br>90 +0,25           | 34.38<br>37.05 | Simone van Kerckhoven<br>Tom Erpelinck   | 97 +0,33<br>91 +0,34 32.90<br>26.37 |

Programmanr. 32  
24-11-2018

Heren, 100m vrije slag

Junioren 1 en ouder  
Resultaten

|                   |       |                           |        |              |      |
|-------------------|-------|---------------------------|--------|--------------|------|
| Nederlands Record | 46.81 | Pieter van den Hoogenband | 13-033 | Dublin (IRL) | 2003 |
|-------------------|-------|---------------------------|--------|--------------|------|

| rang              | naam                | vereniging               | intijd  |           | tijd    | RT    |
|-------------------|---------------------|--------------------------|---------|-----------|---------|-------|
| <b>Junioren 1</b> |                     |                          |         |           |         |       |
| 1.                | Joeri Harreman      | De Schelde               | 1:04.39 | 200600469 | 1:03.10 | +0,70 |
|                   | 50m: 29.98          | 100m: 1:03.10            |         |           |         |       |
| 2.                | Kylian Oosterveen   | Z & PC De Zeeuwse Kust 1 | 1:05.66 | 200600651 | 1:05.89 | +0,88 |
|                   | 50m: 31.52          | 100m: 1:05.89            |         |           |         |       |
| 3.                | Jens van der Kraaij | De Honte                 | 1:10.35 | 200601051 | 1:12.29 | +0,71 |
|                   | 50m: 34.65          | 100m: 1:12.29            |         |           |         |       |
| 4.                | Jelle Fermont       | De Schelde               | 1:11.72 | 200600395 | 1:12.62 | +0,96 |
|                   | 50m: 34.58          | 100m: 1:12.62            |         |           |         |       |
| 5.                | Matthijs van Liere  | Scheldestroom            | 1:22.79 | 200602945 | 1:20.30 | +0,77 |
|                   | 50m: 37.01          | 100m: 1:20.30            |         |           |         |       |
| 6.                | Davy Louws          | Z&PC De Ganze            | 1:20.07 | 200601047 | 1:21.87 | +0,74 |
|                   | 50m: 38.30          | 100m: 1:21.87            |         |           |         |       |
| 7.                | Pieter Nuijten      | ZCKoewacht 1             | 1:20.78 | 200600043 | 1:21.98 |       |
|                   | 50m: 38.03          | 100m: 1:21.98            |         |           |         |       |
| 8.                | Jamie Versprille    | De Honte                 | 1:22.05 | 200600221 | 1:22.12 | +0,74 |
|                   | 50m: 38.71          | 100m: 1:22.12            |         |           |         |       |
| 9.                | Thijmen Rothuis     | Z&PC De Ganze            | 1:25.61 | 200601049 | 1:23.04 | +0,83 |
|                   | 50m: 39.87          | 100m: 1:23.04            |         |           |         |       |
| 10.               | Sem de Ridder       | ZCKoewacht 1             | 1:22.86 | 200600631 | 1:23.65 | +0,91 |
|                   | 50m: 39.85          | 100m: 1:23.65            |         |           |         |       |
| 11.               | Arne Versprille     | De Honte                 | 1:32.28 | 200600343 | 1:28.09 | +0,88 |
|                   | 50m: 39.79          | 100m: 1:28.09            |         |           |         |       |
| 12.               | Casper van der Zwan | ZCKoewacht 1             | 1:23.89 | 200600645 | 1:30.20 | +0,70 |
|                   | 50m: 41.41          | 100m: 1:30.20            |         |           |         |       |

Junioren 2

|       |                   |                          |         |           |         |       |
|-------|-------------------|--------------------------|---------|-----------|---------|-------|
| 1.    | Sigsten Jonkman   | Z & PC De Zeeuwse Kust 1 | 59.23   | 200500523 | 1:00.96 | +0,73 |
|       | 50m: 28.65        | 100m: 1:00.96            |         |           |         |       |
| 2.    | Barend de Voogd   | Z & PC De Zeeuwse Kust 1 | 1:08.07 | 200501111 | 1:04.93 | +0,71 |
|       | 50m: 31.30        | 100m: 1:04.93            |         |           |         |       |
| 3.    | Wouter Provoost   | ZCKoewacht 1             | 1:08.58 | 200500703 | 1:07.41 | +0,85 |
|       | 50m: 32.35        | 100m: 1:07.41            |         |           |         |       |
| 4.    | Tjeerd Bakker     | Z & PC De Zeeuwse Kust 1 | 1:12.53 | 200500313 | 1:08.00 | +0,77 |
|       | 50m: 32.53        | 100m: 1:08.00            |         |           |         |       |
| 5.    | Tim van den Hoven | De Bevelanders           | 1:17.55 | 200503419 | 1:10.46 | +0,77 |
|       | 50m: 33.89        | 100m: 1:10.46            |         |           |         |       |
| 6.    | Tristan Sewalt    | De Schelde               | 1:18.33 | 200501973 | 1:21.99 | +0,62 |
|       | 50m: 38.17        | 100m: 1:21.99            |         |           |         |       |
| AFGEM | Max Franken       | De Schelde               | 1:16.88 | 200500291 |         |       |
| AFGEM | Jur Mesu          | Z & PC De Zeeuwse Kust 1 | 1:26.42 | 200503623 |         |       |

Programmanr. 32, Heren, 100m vrije slag

Junioren 3

|    |                   |       |                          |         |           |         |       |
|----|-------------------|-------|--------------------------|---------|-----------|---------|-------|
| 1. | Joshua Bijvank    | 29.00 | Z & PC De Zeeuwse Kust 1 | 1:00.98 | 200401225 | 1:00.85 | +0,75 |
|    | 50m:              |       | 100m:                    | 1:00.85 |           |         |       |
| 2. | Steyn Mosterd     | 31.57 | Z & PC De Zeeuwse Kust 1 | 1:05.05 | 200402289 | 1:04.30 | +0,97 |
|    | 50m:              |       | 100m:                    | 1:04.30 |           |         |       |
| 3. | Joeri Kloosterman | 31.45 | De Bevelanders           | 1:05.74 | 200400495 | 1:04.57 | +0,96 |
|    | 50m:              |       | 100m:                    | 1:04.57 |           |         |       |
| 4. | Devid Amiryán     | 31.33 | De Schelde               | 1:06.16 | 200404199 | 1:05.60 | +0,76 |
|    | 50m:              |       | 100m:                    | 1:05.60 |           |         |       |
| 5. | Thomas Goossen    | 30.68 | De Schelde               | 1:06.26 | 200402077 | 1:05.70 | +0,94 |
|    | 50m:              |       | 100m:                    | 1:05.70 |           |         |       |
| 6. | Dylan Brizee      | 31.77 | De Bevelanders           | 1:08.73 | 200402993 | 1:06.71 | +0,83 |
|    | 50m:              |       | 100m:                    | 1:06.71 |           |         |       |
| 7. | Naut Koole        | 34.34 | Z & PC De Zeeuwse Kust 1 | 1:19.12 | 200404269 | 1:11.89 | +0,81 |
|    | 50m:              |       | 100m:                    | 1:11.89 |           |         |       |

Junioren 4

|    |                  |       |                          |         |           |         |       |
|----|------------------|-------|--------------------------|---------|-----------|---------|-------|
| 1. | Yorick Visser    | 26.68 | Z & PC De Zeeuwse Kust 1 | 56.26   | 200301957 | 55.56   | +0,75 |
|    | 50m:             |       | 100m:                    | 55.56   |           |         |       |
| 2. | Pascal Faasse    | 26.42 | De Schelde               | 56.43   | 200301923 | 55.86   | +0,73 |
|    | 50m:             |       | 100m:                    | 55.86   |           |         |       |
| 3. | Flynn Wolterman  | 29.50 | Z & PC De Zeeuwse Kust 1 | 1:02.83 | 200301063 | 1:00.50 | +0,73 |
|    | 50m:             |       | 100m:                    | 1:00.50 |           |         |       |
| 4. | Sander Provoost  | 29.97 | ZCKoewacht 1             | 1:02.99 | 200302121 | 1:02.53 | +0,93 |
|    | 50m:             |       | 100m:                    | 1:02.53 |           |         |       |
| 5. | Jeroen de Kort   | 30.71 | De Schelde               | 1:04.81 | 200302149 | 1:03.75 | +0,67 |
|    | 50m:             |       | 100m:                    | 1:03.75 |           |         |       |
| 6. | Bart Rommers     | 35.20 | De Bevelanders           | 1:08.72 | 200301183 | 1:14.95 | +1,00 |
|    | 50m:             |       | 100m:                    | 1:14.95 |           |         |       |
| 7. | Jarno Voermans   | 40.08 | SZ&PC De Bruinvis        | 1:32.84 | 200304811 | 1:25.05 | +0,86 |
|    | 50m:             |       | 100m:                    | 1:25.05 |           |         |       |
| NG | Joris van Gelder |       | Z&PC De Ganze            | 1:09.26 | 200303819 |         |       |

Jeugd 1 en 2

|       |                     |       |                          |         |           |         |       |
|-------|---------------------|-------|--------------------------|---------|-----------|---------|-------|
| 1.    | Jeroen Aerssens     | 26.66 | Scheldestroom            | 54.11   | 200100061 | 55.03   | +0,70 |
|       | 50m:                |       | 100m:                    | 55.03   |           |         |       |
| 2.    | Ruben Cuelenaere    | 26.38 | Z & PC De Zeeuwse Kust 1 | 55.77   | 200100695 | 55.91   | +0,77 |
|       | 50m:                |       | 100m:                    | 55.91   |           |         |       |
| 3.    | Junior Vermeulen    | 27.06 | De Bevelanders           | 56.50   | 200103363 | 56.26   | +0,70 |
|       | 50m:                |       | 100m:                    | 56.26   |           |         |       |
| 4.    | Marnix Scheele      | 27.26 | Scheldestroom            | 58.72   | 200103509 | 57.28   | +0,75 |
|       | 50m:                |       | 100m:                    | 57.28   |           |         |       |
| 5.    | Guido Brink         | 27.80 | Z & PC De Zeeuwse Kust 1 | 56.88   | 200200199 | 58.48   | +0,71 |
|       | 50m:                |       | 100m:                    | 58.48   |           |         |       |
| 6.    | Tristan Kloet       | 28.52 | Sg ZOC                   | 59.59   | 200200063 | 59.54   | +0,76 |
|       | 50m:                |       | 100m:                    | 59.54   |           |         |       |
| 7.    | Ricardo Kloosterman | 29.42 | De Bevelanders           | 1:00.07 | 200200253 | 1:01.70 | +0,75 |
|       | 50m:                |       | 100m:                    | 1:01.70 |           |         |       |
| 8.    | Tristan de Looff    | 30.73 | De Bevelanders           | 1:04.22 | 200203349 | 1:05.15 | +0,73 |
|       | 50m:                |       | 100m:                    | 1:05.15 |           |         |       |
| 9.    | Arjen Scheele       | 31.31 | Scheldestroom            | 1:07.96 | 200203941 | 1:06.29 | +0,85 |
|       | 50m:                |       | 100m:                    | 1:06.29 |           |         |       |
| NG.ZA | Remy Vane           |       | Z & PC De Zeeuwse Kust 1 | 58.92   | 200202063 |         |       |

Programmanr. 32, Heren, 100m vrije slag

Senioren 1 en ouder

| rang | naam                             | vereniging                                | intijd  | id        | tijd    | RT    |
|------|----------------------------------|---|---------|-----------|---------|-------|
| 1.   | Noa Eversdijk<br>50m: 26.09      | Z & PC De Zeeuwse Kust 1<br>100m: 53.44   | 53.02   | 199903595 | 53.44   | +0,76 |
| 2.   | Kalle van Gemert<br>50m: 25.81   | Z & PC De Zeeuwse Kust 1<br>100m: 54.29   | 53.35   | 199801259 | 54.29   | +0,65 |
| 3.   | Benjamin Vermeulen<br>50m: 26.01 | De Bevelanders<br>100m: 54.52             | 54.54   | 200003721 | 54.52   | +0,86 |
| 4.   | Siegert van Dieren<br>50m: 27.11 | De Bevelanders<br>100m: 57.35             | 56.37   | 199500849 | 57.35   | +0,74 |
| 5.   | Ruben de Kraker<br>50m: 27.91    | Scheldestroom<br>100m: 58.82              | 58.96   | 199800639 | 58.82   | +0,81 |
| 6.   | Leon Faasse<br>50m: 27.88        | De Schelde<br>100m: 58.98                 | 58.85   | 200002473 | 58.98   | +0,77 |
| 7.   | Tom van Gils<br>50m: 28.64       | Z & PC De Zeeuwse Kust 1<br>100m: 59.26   | 59.48   | 199501799 | 59.26   | +0,68 |
| 8.   | Tom Erpelinck<br>50m: 28.35      | De Honte<br>100m: 59.39                   | 57.46   | 199100607 | 59.39   | +0,76 |
| 9.   | Jochem Rozinga<br>50m: 27.66     | De Bevelanders<br>100m: 1:00.14           | 59.96   | 199903281 | 1:00.14 | +0,72 |
| 10.  | Sjoerd Boogert<br>50m: 29.19     | De Bevelanders<br>100m: 1:02.28           | 1:01.12 | 199903153 | 1:02.28 | +0,96 |
| 11.  | Mark Legters<br>50m: 29.91       | De Schelde<br>100m: 1:02.67               | 1:02.20 | 199303361 | 1:02.67 | +0,76 |
| 12.  | Piet Schop<br>50m: 35.20         | De Bevelanders<br>100m: 1:14.04           | 1:28.00 | 195000109 | 1:14.04 | +0,67 |
| BM   | Philip van Moll<br>50m: 32.18    | Z & PC De Zeeuwse Kust 1<br>100m: 1:07.32 | NT      | 199700767 | 1:07.32 | +0,75 |

Programmanr. 33  
 24-11-2018

Dames, 100m vlinderslag

Senioren Open  
 Resultaten

|                   |       |             |        |                |      |
|-------------------|-------|-------------|--------|----------------|------|
| Nederlands Record | 55.74 | Inge Dekker | 13-033 | Istanbul (TUR) | 2009 |
|-------------------|-------|-------------|--------|----------------|------|

| rang              | naam  | vereniging                                | intijd  | id        | tijd    | RT    |
|-------------------|---|---|---------|-----------|---------|-------|
| <b>Junioren 1</b> |   |   |         |           |         |       |
| 1.                | Wies Ruitenbeek<br>50m: 43.55   | Z & PC De Zeeuwse Kust 1<br>100m: 1:30.17 | 1:33.32 | 200700234 | 1:30.17 | +0,85 |
| 2.                | Maud Sutin<br>50m: 39.71  | De Schelde<br>100m: 1:33.47               | 1:31.84 | 200700230 | 1:33.47 |       |
| 3.                | Anne Salomé<br>50m: 42.52   | Scheldestroom<br>100m: 1:33.60            | 1:32.46 | 200700008 | 1:33.60 | +0,74 |
| 4.                | Bo Peeters<br>50m: 42.68  | Z & PC De Zeeuwse Kust 1<br>100m: 1:34.51 | 1:32.41 | 200700828 | 1:34.51 | +0,76 |
| 5.                | Charlotte Duine<br>50m: 48.96   | De Bevelanders<br>100m: 1:49.61           | 1:56.21 | 200702822 | 1:49.61 | +0,58 |
| 6.                | Noa Quist<br>50m: 51.06   | Scheldestroom<br>100m: 1:51.75            | 1:51.32 | 200701712 | 1:51.75 | +0,83 |
| 7.                | Thaisa De Meyer<br>50m: 48.99   | SZ&PC De Bruinvis<br>100m: 1:51.77        | 1:55.04 | 200700676 | 1:51.77 | +0,47 |
| 8.                | Naomi Vink<br>50m: 49.33  | De Honte<br>100m: 1:54.64                 | 1:53.16 | 200701258 | 1:54.64 | +0,74 |
| 9.                | Maud Ghijs<br>50m: 54.73  | Scheldestroom<br>100m: 1:58.77            | 2:07.34 | 200702270 | 1:58.77 |       |
| DIS               | Merel de Hamer<br>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd. | Scheldestroom                             | 2:00.43 | 200700894 |         | +0,77 |

Programmanr. 33, Dames, 100m vlinderslag

Junioren 2

|       |                  |                |         |           |         |       |
|-------|------------------|----------------|---------|-----------|---------|-------|
| 1.    | Fenna Theunissen | De Bevelanders | 1:35.30 | 200600532 | 1:30.89 | +0,98 |
|       | 50m: 41.32       | 100m: 1:30.89  |         |           |         |       |
| 2.    | Carlijn Sigmond  | De Schelde     | 1:35.91 | 200600928 | 1:34.50 | +0,66 |
|       | 50m: 44.65       | 100m: 1:34.50  |         |           |         |       |
| 3.    | Sam Albicher     | De Schelde     | 1:34.40 | 200600936 | 1:40.36 | +0,63 |
|       | 50m: 44.09       | 100m: 1:40.36  |         |           |         |       |
| 4.    | Merel Hommers    | De Schelde     | 1:40.02 | 200600926 | 1:44.80 | +0,61 |
|       | 50m: 48.05       | 100m: 1:44.80  |         |           |         |       |
| 5.    | Simone Brakman   | Scheldestroom  | 2:03.46 | 200600274 | 1:51.29 |       |
|       | 50m: 53.42       | 100m: 1:51.29  |         |           |         |       |
| 6.    | Tara den Besten  | Scheldestroom  | 2:01.63 | 200604216 | 1:57.10 | +0,73 |
|       | 50m: 53.34       | 100m: 1:57.10  |         |           |         |       |
| 7.    | Roos Vermeire    | Scheldestroom  | 2:26.31 | 200603696 | 2:11.70 | +0,88 |
|       | 50m: 59.79       | 100m: 2:11.70  |         |           |         |       |
| AFGEM | Tessa Koster     | De Schelde     | 1:43.95 | 200601438 |         |       |

Junioren 3

|     |                       |                          |         |           |         |       |
|-----|-----------------------|--------------------------|---------|-----------|---------|-------|
| 1.  | Manouk Maas           | Z & PC De Zeeuwse Kust 1 | 1:19.64 | 200502952 | 1:16.05 | +0,87 |
|     | 50m: 34.86            | 100m: 1:16.05            |         |           |         |       |
| 2.  | Madelief Kranz        | Z & PC De Zeeuwse Kust 1 | 1:25.28 | 200502494 | 1:22.16 | +0,92 |
|     | 50m: 37.70            | 100m: 1:22.16            |         |           |         |       |
| 3.  | Maud Ruitenbeek       | Z & PC De Zeeuwse Kust 1 | 1:31.45 | 200501894 | 1:33.38 | +0,84 |
|     | 50m: 41.48            | 100m: 1:33.38            |         |           |         |       |
| 4.  | Esmee van den Hout    | Scheldestroom            | 1:33.55 | 200503696 | 1:33.58 | +0,87 |
|     | 50m: 42.46            | 100m: 1:33.58            |         |           |         |       |
| 5.  | Veerle Lavooy         | Z&PC De Ganze            | 1:42.05 | 200500972 | 1:36.89 | +0,94 |
|     | 50m: 42.44            | 100m: 1:36.89            |         |           |         |       |
| 6.  | Anouk Bijl            | De Schelde               | 1:40.93 | 200503768 | 1:39.70 | +0,79 |
|     | 50m: 44.24            | 100m: 1:39.70            |         |           |         |       |
| 7.  | Maxime Verbruggen     | ZCKoewacht 1             | 1:39.44 | 200503632 | 1:43.02 | +0,85 |
|     | 50m: 45.57            | 100m: 1:43.02            |         |           |         |       |
| 8.  | Juul van Hanegem      | Scheldestroom            | 1:51.72 | 200504748 | 1:43.95 | +0,72 |
|     | 50m: 46.32            | 100m: 1:43.95            |         |           |         |       |
| 9.  | Anouk d'Hooghe        | De Honte                 | 1:52.59 | 200500958 | 1:52.09 | +0,78 |
|     | *                     |                          |         |           |         |       |
|     | 50m: 50.33            | 100m: 1:52.09            |         |           |         |       |
| 10. | Leanne van den Bunder | Scheldestroom            | 2:15.13 | 200501764 | 2:11.62 |       |
|     | 50m: 59.28            | 100m: 2:11.62            |         |           |         |       |

Jeugd 1 en 2

|     |                   |                          |         |           |         |       |
|-----|-------------------|--------------------------|---------|-----------|---------|-------|
| 1.  | Tessa Roovers     | De Schelde               | 1:15.26 | 200405206 | 1:15.88 | +0,80 |
|     | 50m: 35.99        | 100m: 1:15.88            |         |           |         |       |
| 2.  | Romy van der Zwan | Scheldestroom            | 1:19.92 | 200403826 | 1:19.36 | +0,85 |
|     | 50m: 36.41        | 100m: 1:19.36            |         |           |         |       |
| 3.  | Nasca van Dijk    | ZCKoewacht 1             | 1:19.08 | 200300816 | 1:20.46 | +0,79 |
|     | 50m: 36.38        | 100m: 1:20.46            |         |           |         |       |
| 4.  | Anna Tiemersma    | Z & PC De Zeeuwse Kust 1 | 1:22.29 | 200400686 | 1:20.91 | +0,74 |
|     | 50m: 37.27        | 100m: 1:20.91            |         |           |         |       |
| 5.  | Fenna Klaassen    | Z & PC De Zeeuwse Kust 1 | 1:18.21 | 200401730 | 1:21.63 | +0,81 |
|     | 50m: 35.67        | 100m: 1:21.63            |         |           |         |       |
| 6.  | Anouck Romeijnsen | Z & PC De Zeeuwse Kust 1 | 1:22.86 | 200402808 | 1:21.76 | +0,85 |
|     | 50m: 37.54        | 100m: 1:21.76            |         |           |         |       |
| 7.  | Emma van Eijkeren | Z&PC De Ganze            | 1:28.76 | 200403616 | 1:25.83 | +0,79 |
|     | 50m: 39.22        | 100m: 1:25.83            |         |           |         |       |
| 8.  | Vera de Munnik    | De Bevelanders           | 1:42.78 | 200400636 | 1:29.75 | +0,76 |
|     | 50m: 40.74        | 100m: 1:29.75            |         |           |         |       |
| 9.  | Aniek Harreman    | De Schelde               | 1:29.43 | 200301172 | 1:30.36 | +0,67 |
|     | 50m: 39.69        | 100m: 1:30.36            |         |           |         |       |
| 10. | Lavinia Herrebout | Z & PC De Zeeuwse Kust 1 | 1:27.72 | 200402942 | 1:31.57 | +0,95 |
|     | 50m: 41.01        | 100m: 1:31.57            |         |           |         |       |

Programmanr. 33, Meisjes, 100m vlinderslag, Jeugd 1 en 2

| rang | naam                             | vereniging                                | intijd  |           | tijd    | RT    |
|------|----------------------------------|---|---------|-----------|---------|-------|
| 11.  | Jasmijn Walraven<br>50m: 40.95   | Z & PC De Zeeuwse Kust 1<br>100m: 1:31.98 | 1:33.74 | 200300070 | 1:31.98 | +0,89 |
| 12.  | Fleur de Ridder<br>50m: 42.21    | ZCKoewacht 1<br>100m: 1:33.96             | 1:34.86 | 200402052 | 1:33.96 | +0,86 |
| 13.  | Danique Cuelenaere<br>50m: 43.29 | Z & PC De Zeeuwse Kust 1<br>100m: 1:34.85 | 1:39.20 | 200400690 | 1:34.85 | +0,88 |
| 14.  | Danique Brakman<br>50m: 46.33    | Scheldestroom<br>100m: 1:41.46            | 1:44.11 | 200400826 | 1:41.46 | +1,09 |

Senioren 1 en ouder

|     |                                     |   |         |           |         |       |
|-----|-------------------------------------|---|---------|-----------|---------|-------|
| 1.  | Laura Nieuwland<br>50m: 32.54       | Z & PC De Zeeuwse Kust 1<br>100m: 1:10.10 | 1:07.97 | 200001834 | 1:10.10 | +0,77 |
| 2.  | Ryan Verplanke<br>50m: 33.08        | Scheldestroom<br>100m: 1:12.05            | 1:12.18 | 197700696 | 1:12.05 | +0,81 |
| 3.  | Josine van Dorsselaer<br>50m: 33.72 | ZCKoewacht 1<br>100m: 1:12.91             | 1:11.93 | 198801040 | 1:12.91 | +0,79 |
| 4.  | Manon Kloosterman<br>50m: 33.64     | De Bevelanders<br>100m: 1:13.02           | 1:12.69 | 199702082 | 1:13.02 | +0,80 |
| 5.  | Esther Tiemersma<br>50m: 34.54      | Z & PC De Zeeuwse Kust 1<br>100m: 1:13.08 | 1:12.25 | 200202962 | 1:13.08 | +0,70 |
| 6.  | Emke Erpelinck<br>50m: 33.59        | De Honte<br>100m: 1:14.71                 | 1:12.61 | 199001026 | 1:14.71 | +0,83 |
| 7.  | Miriam van Noorden<br>50m: 34.95    | Scheldestroom<br>100m: 1:16.25            | 1:15.92 | 199102290 | 1:16.25 | +0,79 |
| 8.  | Jessica Klaassen<br>50m: 34.98      | ZCKoewacht 1<br>100m: 1:17.21             | 1:15.68 | 197901536 | 1:17.21 | +0,83 |
| 9.  | Manon van Geersdaele<br>50m: 36.62  | De Schelde<br>100m: 1:18.87               | 1:17.25 | 199206908 | 1:18.87 | +0,78 |
| 10. | Larissa Jansen<br>50m: 35.26        | De Bevelanders<br>100m: 1:20.47           | 1:19.40 | 199500660 | 1:20.47 | +0,95 |
| 11. | Eline Nijskens<br>50m: 38.53        | ZCKoewacht 1<br>100m: 1:21.46             | 1:20.86 | 198803194 | 1:21.46 | +1,01 |
| 12. | Natasja Forat<br>50m: 39.84         | Z & PC De Zeeuwse Kust 1<br>100m: 1:24.54 | 1:23.52 | 197701186 | 1:24.54 | +0,93 |
| 13. | Kayleigh Kloet<br>50m: 39.51        | Sg ZOC<br>100m: 1:25.13                   | 1:24.34 | 199802860 | 1:25.13 | +0,94 |
| 14. | Joan Fonteine<br>50m: 40.09         | ZCKoewacht 1<br>100m: 1:27.05             | 1:28.26 | 198805148 | 1:27.05 | +0,90 |
| 15. | Pauline Scheele<br>50m: 40.40       | Scheldestroom<br>100m: 1:29.82            | 1:28.46 | 199905456 | 1:29.82 | +0,91 |
| 16. | Daphne Vonk<br>50m: 40.62           | ZCKoewacht 1<br>100m: 1:32.95             | 1:26.61 | 200202216 | 1:32.95 | +0,85 |

Programmanr. 34  
 24-11-2018

Heren, 200m schoolslag

Junioren 1 en ouder  
 Resultaten

Nederlands Record 2:04.35 Arno Kamminga 07-009 Amsterdam 2017

| rang              | naam                            | vereniging                     | intijd  |           | tijd    | RT    |
|-------------------|---------------------------------|--------------------------------|---------|-----------|---------|-------|
| <b>Junioren 2</b> |                                 |                                |         |           |         |       |
| 1.                | Tomas Hertogh<br>50m: 44.21     | Scheldestroom<br>100m: 1:31.42 | 3:07.54 | 200500297 | 3:07.35 | +0,73 |
| 2.                | Wouter Provoost<br>50m: 45.56   | ZCKoewacht 1<br>100m: 1:38.59  | 3:30.76 | 200500703 | 3:27.54 | +1,18 |
| 3.                | Revano van Rijn<br>50m: 52.63   | De Schelde<br>100m: 1:48.63    | 4:06.53 | 200502019 | 3:42.94 | +0,88 |
| 4.                | Jasper van Gelder<br>50m: 49.67 | Z&PC De Ganze<br>100m: 1:47.34 | 4:04.46 | 200503503 | 3:51.96 | +0,84 |



Programmanr. 34, Heren, 200m schoolslag

Junioren 3

|    |               |                |               |               |         |       |
|----|---------------|----------------|---------------|---------------|---------|-------|
| 1. | Devid Amiryan | De Schelde     | 3:04.71       | 200404199     | 2:51.33 | +0,78 |
|    | 50m: 38.93    | 100m: 1:23.10  | 150m: 2:06.91 | 200m: 2:51.33 |         |       |
| 2. | Luuk Zijlstra | Scheldestroom  | 3:07.47       | 200401075     | 2:53.90 | +0,81 |
|    | 50m: 37.80    | 100m: 1:22.08  | 150m: 2:09.14 | 200m: 2:53.90 |         |       |
| 3. | Dylan Brizee  | De Bevelanders | 3:33.24       | 200402993     | 3:28.07 | +1,01 |
|    | 50m: 46.04    | 100m: 1:38.81  | 150m: 2:33.96 | 200m: 3:28.07 |         |       |

Junioren 4

|    |                  |                |               |               |         |       |
|----|------------------|----------------|---------------|---------------|---------|-------|
| 1. | Bart Rommers     | De Bevelanders | 3:07.98       | 200301183     | 3:02.80 | +0,98 |
|    | 50m: 40.28       | 100m: 1:26.79  | 150m: 2:15.90 | 200m: 3:02.80 |         |       |
| 2. | Joris van Gelder | Z&PC De Ganze  | 3:09.63       | 200303819     | 3:11.20 | +0,87 |
|    | 50m: 41.40       | 100m: 1:31.09  | 150m: 2:22.09 | 200m: 3:11.20 |         |       |
| 3. | Sander Provoost  | ZCKoewacht 1   | 3:25.87       | 200302121     | 3:14.87 | +0,94 |
|    | 50m: 42.25       | 100m: 1:31.76  | 150m: 2:23.97 | 200m: 3:14.87 |         |       |

Jeugd 1 en 2

|    |                  |                          |               |               |         |       |
|----|------------------|--------------------------|---------------|---------------|---------|-------|
| 1. | Guido Brink      | Z & PC De Zeeuwse Kust 1 | 2:25.28       | 200200199     | 2:35.38 | +0,71 |
|    | 50m: 35.02       | 100m: 1:13.88            | 150m: 1:54.42 | 200m: 2:35.38 |         |       |
| 2. | Junior Vermeulen | De Bevelanders           | 2:40.03       | 200103363     | 2:42.87 | +0,74 |
|    | 50m: 35.72       | 100m: 1:16.24            | 150m: 1:58.57 | 200m: 2:42.87 |         |       |
| 3. | Dylan Fermont    | Scheldestroom            | 2:53.30       | 200203311     | 2:50.45 | +0,91 |
|    | 50m: 38.20       | 100m: 1:22.01            | 150m: 2:08.35 | 200m: 2:50.45 |         |       |
| 4. | Arjen Scheele    | Scheldestroom            | 3:05.43       | 200203941     | 3:01.02 | +0,84 |
|    | 50m: 40.41       | 100m: 1:26.56            | 150m: 2:15.03 | 200m: 3:01.02 |         |       |
| NG | Remy Vane        | Z & PC De Zeeuwse Kust 1 | 2:45.04       | 200202063     |         |       |

Senioren 1 en ouder

|     |                      |                          |               |               |         |       |
|-----|----------------------|--------------------------|---------------|---------------|---------|-------|
| 1.  | Kalle van Gemert     | Z & PC De Zeeuwse Kust 1 | 2:27.46       | 199801259     | 2:27.85 | +0,66 |
|     | 50m: 33.16           | 100m: 1:10.48            | 150m: 1:48.50 | 200m: 2:27.85 |         |       |
| 2.  | Benjamin Vermeulen   | De Bevelanders           | 2:37.60       | 200003721     | 2:37.97 | +0,90 |
|     | 50m: 36.07           | 100m: 1:15.98            | 150m: 1:57.75 | 200m: 2:37.97 |         |       |
| 3.  | Maarten van der Zwan | Scheldestroom            | 2:37.92       | 197501017     | 2:40.49 | +0,90 |
|     | 50m: 34.05           | 100m: 1:13.46            | 150m: 1:56.22 | 200m: 2:40.49 |         |       |
| 4.  | Ruben de Kraker      | Scheldestroom            | 2:42.22       | 199800639     | 2:44.38 | +0,78 |
|     | 50m: 34.74           | 100m: 1:16.65            | 150m: 2:00.19 | 200m: 2:44.38 |         |       |
| 5.  | Mark Legters         | De Schelde               | 2:57.66       | 199303361     | 2:55.87 | +0,84 |
|     | 50m: 39.40           | 100m: 1:23.61            | 150m: 2:08.97 | 200m: 2:55.87 |         |       |
| 6.  | Siegert van Dieren   | De Bevelanders           | 2:45.41       | 199500849     | 3:01.41 | +0,72 |
|     | 50m: 39.39           | 100m: 1:25.05            | 150m: 2:12.68 | 200m: 3:01.41 |         |       |
| 7.  | Vincent Keijmel      | Scheldestroom            | 3:07.45       | 199101169     | 3:05.71 | +0,84 |
|     | 50m: 42.54           | 100m: 1:30.21            | 150m: 2:19.33 | 200m: 3:05.71 |         |       |
| 8.  | Coen de Ridder       | ZCKoewacht 1             | 3:05.71       | 197401439     | 3:09.49 | +1,15 |
|     | 50m: 41.01           | 100m: 1:28.87            | 150m: 2:19.67 | 200m: 3:09.49 |         |       |
| 9.  | Piet Schop           | De Bevelanders           | 3:30.34       | 195000109     | 3:45.16 | +0,73 |
|     | 50m: 47.51           | 100m: 1:44.66            | 150m: 2:44.44 | 200m: 3:45.16 |         |       |
| 10. | Michiel Verschuere   | ZCKoewacht 1             | 4:02.01       | 197301583     | 3:48.85 | +1,40 |
|     | 50m: 52.25           | 100m: 1:50.45            | 150m: 2:49.86 | 200m: 3:48.85 |         |       |
| BM  | Yorick Visser        | Z & PC De Zeeuwse Kust 1 | NT            | 200301957     | 2:42.25 | +0,76 |
|     | 50m: 35.03           | 100m: 1:16.12            | 150m: 1:59.28 | 200m: 2:42.25 |         |       |

Programmanr. 35 Dames, 50m schoolslag Senioren Open  
 24-11-2018 Resultaten

Nederlands Record 29.62 Moniek Nijhuis 07-009 Doha (QAT) 2014

rang naam vereniging intijd tijd RT

Junioren 1

|  |                   |                          |       |           |       |       |     |
|--|-------------------|--------------------------|-------|-----------|-------|-------|-----|
| 1.   | Anne Salomé       | Scheldestroom            | 44.79 | 200700008 | 44.54 | +0,79 |     |
| 2.   | Maud Sutin        | De Schelde               | 45.09 | 200700230 | 44.59 | +0,69 |     |
| 3.   | Noa Quist         | Scheldestroom            | 47.77 | 200701712 | 45.64 | +0,83 |     |
| 4.   | Merel de Hamer    | Scheldestroom            | 49.47 | 200700894 | 46.88 | +1,67 |     |
| 5.   | Lieke Duijnkerke  | Z & PC De Zeeuwse Kust 1 | 47.76 | 200700468 | 48.19 | +0,70 | 432 |
| 6.   | Maud Ghijs        | Scheldestroom            | 49.49 | 200702270 | 49.08 |       |     |
| 7.   | Charlotte Duine   | De Bevelanders           | 50.53 | 200702822 | 49.23 | +0,78 |     |
| 8.   | Janina Ribbens    | Sg ZOC                   | 51.29 | 200701252 | 51.21 | +0,90 |     |
| 9.   | Luna Kodde        | Z & PC De Zeeuwse Kust 1 | 54.54 | 200703122 | 52.56 | +0,74 |     |
| 10.  | Naomi Vink        | De Honte                 | 56.04 | 200701258 | 53.66 |       |     |
| 11.  | Emma Bos          | De Schelde               | 53.26 | 200701568 | 54.58 | +0,71 |     |
| 12.  | Nienke de Plucker | De Honte                 | 57.51 | 200701260 | 57.70 |       |     |
| DIS  | Lara van Son      | De Bevelanders           | 58.19 | 200703056 |       |       |     |
| SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt. |                   |                          |       |           |       |       |     |
| NG   | Bo Peeters        | Z & PC De Zeeuwse Kust 1 | 47.15 | 200700828 |       |       |     |

Junioren 2

|       |                   |                          |         |           |       |       |  |
|-------|-------------------|--------------------------|---------|-----------|-------|-------|--|
| 1.    | Shanna Joppe      | Z & PC De Zeeuwse Kust 1 | 39.83   | 200601186 | 39.80 | +0,90 |  |
| 2.    | Escha Zuidweg     | Z&PC De Ganze            | 42.13   | 200603722 | 41.82 | +0,77 |  |
| 3.    | Carlijn Sigmund   | De Schelde               | 43.44   | 200600928 | 43.86 | +0,67 |  |
| 4.    | Lotte Vandamme    | ZCKoewacht 1             | 45.28   | 200600972 | 44.31 | +0,98 |  |
| 5.    | Celina Langeslag  | Sg ZOC                   | 45.56   | 200602562 | 45.85 | +0,95 |  |
| 6.    | Fenna Theunissen  | De Bevelanders           | 46.21   | 200600532 | 46.42 | +0,94 |  |
| 7.    | Simone Brakman    | Scheldestroom            | 50.67   | 200600274 | 50.09 | +0,70 |  |
| 8.    | Lieke Verstraeten | De Honte                 | 53.39   | 200603524 | 51.39 | +1,08 |  |
| 9.    | Rachelle Barbery  | Sg ZOC                   | 52.49   | 200603676 | 52.08 | +0,88 |  |
| 10.   | Lore Rombaut      | De Honte                 | 51.34   | 200603066 | 54.07 | +1,01 |  |
| 11.   | Kirsten Verdurmen | ZCKoewacht 1             | 57.65   | 200602718 | 54.29 | +1,10 |  |
| 12.   | Tara den Besten   | Scheldestroom            | 1:00.37 | 200604216 | 55.90 | +0,80 |  |
| 13.   | Roos Vermeire     | Scheldestroom            | 56.91   | 200603696 | 56.19 | +0,91 |  |
| AFGEM | Tessa Koster      | De Schelde               | 49.89   | 200601438 |       |       |  |

Junioren 3

|     |                       |                          |       |           |       |       |  |
|-----|-----------------------|--------------------------|-------|-----------|-------|-------|--|
| 1.  | Manouk Maas           | Z & PC De Zeeuwse Kust 1 | 40.39 | 200502952 | 39.07 | +0,86 |  |
| 2.  | Madelief Kranz        | Z & PC De Zeeuwse Kust 1 | 40.90 | 200502494 | 39.98 | +1,01 |  |
| 3.  | Maxime Verbruggen     | ZCKoewacht 1             | 42.82 | 200503632 | 41.50 | +0,82 |  |
| 4.  | Naomi Seij            | De Honte                 | 43.69 | 200500462 | 42.86 | +1,06 |  |
| 5.  | Amy van der Zwan      | ZCKoewacht 1             | 42.93 | 200500934 | 42.94 | +0,80 |  |
| 6.  | Maaïke Meulblok       | Z & PC De Zeeuwse Kust 1 | 43.58 | 200500104 | 43.45 | +0,58 |  |
| 7.  | Esmee van den Hout    | Scheldestroom            | 44.68 | 200503696 | 44.02 | +0,89 |  |
| 8.  | Juul van Hanegem      | Scheldestroom            | 47.43 | 200504748 | 46.49 | +0,81 |  |
| 9.  | Anouk Bijl            | De Schelde               | 46.55 | 200503768 | 48.33 | +0,82 |  |
| 10. | Leanne van den Bunder | Scheldestroom            | 51.18 | 200501764 | 51.74 |       |  |
| 11. | Lieselotte Ivens      | De Honte                 | 52.16 | 200500266 | 53.09 | +1,00 |  |

Jeugd 1 en 2

|     |                   |                          |       |           |       |       |  |
|-----|-------------------|--------------------------|-------|-----------|-------|-------|--|
| 1.  | Janice Provoost   | Z & PC De Zeeuwse Kust 1 | 36.94 | 200303076 | 36.65 | +0,76 |  |
| 2.  | Anna Tiemersma    | Z & PC De Zeeuwse Kust 1 | 37.87 | 200400686 | 39.10 | +0,79 |  |
| 3.  | Annelon Marsman   | De Honte                 | 40.12 | 200403864 | 40.33 | +0,77 |  |
| 4.  | Aniek Harreman    | De Schelde               | 40.60 | 200301172 | 40.49 | +0,78 |  |
| 5.  | Romy van der Zwan | Scheldestroom            | 39.88 | 200403826 | 40.93 | +0,83 |  |
| 6.  | Vera de Munnik    | De Bevelanders           | 43.54 | 200400636 | 41.10 | +0,80 |  |
| 7.  | Elte van Goethem  | De Honte                 | 41.79 | 200300432 | 41.48 | +0,85 |  |
| 8.  | Mara Steenbakker  | De Bevelanders           | 41.60 | 200304436 | 42.53 | +0,86 |  |
| 9.  | Tara de Feijter   | Scheldestroom            | 44.00 | 200304700 | 42.96 | +0,76 |  |
| 10. | Julia Scheele     | Scheldestroom            | 43.91 | 200301014 | 43.75 | +0,82 |  |
| 11. | Nasca van Dijk    | ZCKoewacht 1             | 46.06 | 200300816 | 45.33 | +0,79 |  |
| 12. | Fleur de Ridder   | ZCKoewacht 1             | 47.18 | 200402052 | 46.18 | +0,88 |  |
| 13. | Danique Brakman   | Scheldestroom            | 49.21 | 200400826 | 49.90 | +0,83 |  |
| NG  | Marieke Hirdes    | De Bevelanders           | 44.31 | 200302140 |       |       |  |

Programmanr. 35, Dames, 50m schoolslag

Senioren 1 en ouder

| rang | naam                  | vereniging               | 50m | 100m  | 200m      | 500m | 1000m | RT    |
|------|-----------------------|--------------------------|-----|-------|-----------|------|-------|-------|
| 1.   | Céline Brink          | Z & PC De Zeeuwse Kust 1 |     | 33.36 | 200001836 |      | 34.21 | +0,70 |
| 2.   | Manon Kloosterman     | De Bevelanders           |     | 36.30 | 199702082 |      | 35.25 | +0,75 |
| 3.   | Esther Tiemersma      | Z & PC De Zeeuwse Kust 1 |     | 35.63 | 200202962 |      | 35.82 | +0,70 |
| 4.   | Ryan Verplanke        | Scheldestroom            |     | 36.94 | 197700696 |      | 36.98 | +0,79 |
| 5.   | Emke Erpelinck        | De Honte                 |     | 36.62 | 199001026 |      | 37.51 | +0,83 |
| 6.   | Larissa Jansen        | De Bevelanders           |     | 38.66 | 199500660 |      | 39.19 | +0,88 |
| 7.   | Eline Nijskens        | ZCKoewacht 1             |     | 39.31 | 198803194 |      | 39.65 | +0,94 |
| 8.   | Simone van Kerckhoven | De Honte                 |     | 38.51 | 199703260 |      | 39.83 | +0,88 |
| 9.   | Kayleigh Kloet        | Sg ZOC                   |     | 40.66 | 199802860 |      | 40.71 | +0,84 |
| 10.  | Josine van Dorsselaer | ZCKoewacht 1             |     | 40.50 | 198801040 |      | 41.36 | +0,82 |
| 11.  | Jessica Klaassen      | ZCKoewacht 1             |     | 42.02 | 197901536 |      | 41.44 | +0,83 |
| 12.  | Roos van Marrewijk    | De Bevelanders           |     | 44.30 | 200100560 |      | 41.47 | +0,76 |
| 13.  | Marenne Huigh         | Scheldestroom            |     | 42.08 | 199900852 |      | 41.93 | +0,65 |
| 14.  | Pauline Rootsaert     | Scheldestroom            |     | 44.39 | 199205604 |      | 43.25 | +0,93 |
| 15.  | Pauline Scheele       | Scheldestroom            |     | 40.75 | 199905456 |      | 43.26 | +0,84 |

Programmanr. 36

Heren, 100m rugslag

Junioren 1 en ouder

24-11-2018

Resultaten

Nederlands Record 51.39 Nick Driebergen 20-000 Istanbul (TUR) 2009

| rang       | naam   | vereniging               | 50m   | 100m    | intijd  | 200m      | 500m | 1000m | tijd    | RT |
|------------|--|--------------------------|-------|---------|---------|-----------|------|-------|---------|----|
| Junioren 1 |  |                          |       |         |         |           |      |       |         |    |
| 1.         | Joeri Harreman   | De Schelde               |       |         | 1:16.20 | 200600469 |      |       | 1:14.02 |    |
|            | 50m:   |                          | 35.86 | 1:14.02 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 2.         | Kylian Oosterveen  | Z & PC De Zeeuwse Kust 1 |       |         | 1:16.16 | 200600651 |      |       | 1:14.10 |    |
|            | 50m:   |                          | 36.26 | 1:14.10 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 3.         | Jens van der Kraaij  | De Honte                 |       |         | 1:17.79 | 200601051 |      |       | 1:19.56 |    |
|            | 50m:   |                          | 39.97 | 1:19.56 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 4.         | Jelle Fermont  | De Schelde               |       |         | 1:27.65 | 200600395 |      |       | 1:26.30 |    |
|            | 50m:   |                          | 42.88 | 1:26.30 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 5.         | Jamie Versprille   | De Honte                 |       |         | 1:30.77 | 200600221 |      |       | 1:28.51 |    |
|            | 50m:   |                          | 43.73 | 1:28.51 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 6.         | Pieter Nuijten   | ZCKoewacht 1             |       |         | 1:32.79 | 200600043 |      |       | 1:29.19 |    |
|            | 50m:   |                          | 43.09 | 1:29.19 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 7.         | Thijmen Rothuis  | Z&PC De Ganze            |       |         | 1:31.38 | 200601049 |      |       | 1:29.50 |    |
|            | 50m:   |                          | 44.23 | 1:29.50 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 8.         | Matthijs van Liere   | Scheldestroom            |       |         | 1:35.98 | 200602945 |      |       | 1:32.87 |    |
|            | 50m:   |                          | 44.71 | 1:32.87 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 9.         | Davy Louws   | Z&PC De Ganze            |       |         | 1:33.04 | 200601047 |      |       | 1:34.70 |    |
|            | 50m:   |                          | 45.14 | 1:34.70 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| 10.        | Sem de Ridder  | ZCKoewacht 1             |       |         | 1:46.06 | 200600631 |      |       | 1:49.32 |    |
|            | 50m:   |                          | 53.93 | 1:49.32 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |
| DIS        | Arne Versprille  | De Honte                 |       |         | 1:42.64 | 200600343 |      |       | 1:36.68 |    |
|            | RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |                          |       |         |         |           |      |       |         |    |
|            | 50m:   |                          | 47.03 | 1:36.68 |         |           |      |       |         |    |
|            | 100m:  |                          |       |         |         |           |      |       |         |    |

Junioren 2

|    |                   |                          |       |         |         |           |  |  |         |  |
|----|-------------------|--------------------------|-------|---------|---------|-----------|--|--|---------|--|
| 1. | Sigsten Jonkman   | Z & PC De Zeeuwse Kust 1 |       |         | 1:10.81 | 200500523 |  |  | 1:11.01 |  |
|    | 50m:              |                          | 34.51 | 1:11.01 |         |           |  |  |         |  |
|    | 100m:             |                          |       |         |         |           |  |  |         |  |
| 2. | Barend de Voogd   | Z & PC De Zeeuwse Kust 1 |       |         | 1:12.59 | 200501111 |  |  | 1:13.34 |  |
|    | 50m:              |                          | 35.68 | 1:13.34 |         |           |  |  |         |  |
|    | 100m:             |                          |       |         |         |           |  |  |         |  |
| 3. | Tim van den Hoven | De Bevelanders           |       |         | 1:23.74 | 200503419 |  |  | 1:22.30 |  |
|    | *                 |                          |       |         |         |           |  |  |         |  |
|    | 50m:              |                          | 39.63 | 1:22.30 |         |           |  |  |         |  |
|    | 100m:             |                          |       |         |         |           |  |  |         |  |
| 4. | Wouter Provoost   | ZCKoewacht 1             |       |         | 1:23.47 | 200500703 |  |  | 1:24.50 |  |
|    | 50m:              |                          | 40.73 | 1:24.50 |         |           |  |  |         |  |
|    | 100m:             |                          |       |         |         |           |  |  |         |  |

AFGEM Jur Mesu Z & PC De Zeeuwse Kust 1 1:37.79 200503623

Programmanr. 36, Heren, 100m rugslag

Junioren 3

|     |  |                          |         |           |         |
|-----|--|--------------------------|---------|-----------|---------|
| 1.  | Thomas Goossen   | De Schelde               | 1:14.84 | 200402077 | 1:12.87 |
|     | 50m: 34.98   | 100m: 1:12.87            |         |           |         |
| 2.  | Joeri Kloosterman  | De Bevelanders           | 1:08.02 | 200400495 | 1:14.82 |
|     | 50m: 36.43   | 100m: 1:14.82            |         |           |         |
| 3.  | Luuk Zijlstra  | Scheldestroom            | 1:16.68 | 200401075 | 1:15.34 |
|     | 50m: 36.93   | 100m: 1:15.34            |         |           |         |
| 4.  | Steyn Mosterd  | Z & PC De Zeeuwse Kust 1 | 1:15.73 | 200402289 | 1:15.67 |
|     | 50m: 37.90   | 100m: 1:15.67            |         |           |         |
| DIS | Joshua Bijvank   | Z & PC De Zeeuwse Kust 1 | 1:16.28 | 200401225 |         |
|     | RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |                          |         |           |         |

Junioren 4

|     |   |                          |         |           |         |
|-----|---|--------------------------|---------|-----------|---------|
| 1.  | Sander Provoost   | ZCKoewacht 1             | 1:14.04 | 200302121 | 1:11.28 |
|     | 50m: 34.88  | 100m: 1:11.28            |         |           |         |
| 2.  | Lorenzo Bakker  | De Schelde               | 1:11.54 | 200301115 | 1:12.01 |
| 3.  | Jeroen de Kort  | De Schelde               | 1:17.83 | 200302149 | 1:16.16 |
|     | 50m: 38.02  | 100m: 1:16.16            |         |           |         |
| 4.  | Joris van Gelder  | Z&PC De Ganze            | 1:18.25 | 200303819 | 1:20.33 |
|     | 50m: 38.76  | 100m: 1:20.33            |         |           |         |
| 5.  | Jarno Voermans  | SZ&PC De Bruinvis        | 1:46.59 | 200304811 | 1:39.76 |
|     | 50m: 47.32  | 100m: 1:39.76            |         |           |         |
| DIS | Pascal Faasse   | De Schelde               | 1:07.62 | 200301923 |         |
|     | RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.  |                          |         |           |         |
| DIS | Yorick Visser   | Z & PC De Zeeuwse Kust 1 | 1:13.01 | 200301957 |         |
|     | RJ - Lichaam geheel onder water gedurende de race of bij de finish (geldt niet voor kp en eerste 15 m na start en keerpunt) |                          |         |           |         |

Jeugd 1 en 2

|    |                     |                |         |           |         |
|----|---------------------|----------------|---------|-----------|---------|
| 1. | Marnix Scheele      | Scheldestroom  | 1:06.63 | 200103509 | 1:04.90 |
|    | 50m: 31.35          | 100m: 1:04.90  |         |           |         |
| 2. | Ricardo Kloosterman | De Bevelanders | 1:06.61 | 200200253 | 1:08.60 |
|    | 50m: 33.11          | 100m: 1:08.60  |         |           |         |
| 3. | Tristan Kloet       | Sg ZOC         | 1:11.21 | 200200063 | 1:11.01 |
|    | 50m: 34.83          | 100m: 1:11.01  |         |           |         |
| 4. | Tristan de Looff    | De Bevelanders | 1:12.76 | 200203349 | 1:12.51 |
|    | 50m: 35.71          | 100m: 1:12.51  |         |           |         |

Senioren 1 en ouder

|     |  |                          |         |           |         |
|-----|--|--------------------------|---------|-----------|---------|
| 1.  | Noa Eversdijk  | Z & PC De Zeeuwse Kust 1 | 58.55   | 199903595 | 59.82   |
|     | 50m: 29.17   | 100m: 59.82              |         |           |         |
| 2.  | Philip van Moll  | Z & PC De Zeeuwse Kust 1 | 1:04.84 | 199700767 | 1:01.43 |
|     | 50m: 29.79   | 100m: 1:01.43            |         |           |         |
| 3.  | Roderick van Doeselaar   | Scheldestroom            | 1:02.18 | 199200261 | 1:03.34 |
|     | 50m: 30.57   | 100m: 1:03.34            |         |           |         |
| 4.  | Siegert van Dieren   | De Bevelanders           | 1:05.28 | 199500849 | 1:04.64 |
|     | 50m: 31.09   | 100m: 1:04.64            |         |           |         |
| 5.  | Jochem Rozinga   | De Bevelanders           | 1:07.14 | 199903281 | 1:08.08 |
|     | 50m: 33.38   | 100m: 1:08.08            |         |           |         |
| 6.  | Tom Erpelinck  | De Honte                 | 1:08.11 | 199100607 | 1:09.28 |
|     | 50m: 33.90   | 100m: 1:09.28            |         |           |         |
| 7.  | Tom van Gils   | Z & PC De Zeeuwse Kust 1 | 1:10.94 | 199501799 | 1:13.71 |
|     | 50m: 35.85   | 100m: 1:13.71            |         |           |         |
| DIS | Sjoerd Boogert   | De Bevelanders           | 1:13.10 | 199903153 |         |
|     | RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |                          |         |           |         |

Programmanr. 37  
 24-11-2018

Dames, 200m vrije slag

Senioren Open  
 Resultaten

Nederlands Record 1:51.69 Femke Heemskerck 13-033 Doha (QAT) 2014

| rang              | naam              | vereniging               | intijd        | tijd          | RT                    |
|-------------------|-------------------|--------------------------|---------------|---------------|-----------------------|
| <b>Junioren 1</b> |                   |                          |               |               |                       |
| 1.                | Maud Sutin *      | De Schelde               | 2:48.32       | 200700230     | 2:39.15 +0,74         |
|                   | 50m: 36.58        | 100m: 1:16.48            | 150m: 1:59.16 | 200m: 2:39.15 |                       |
| 2.                | Anne Salomé       | Scheldestroom            | 2:50.01       | 200700008     | 2:47.16 +0,82         |
|                   | 50m: 37.30        | 100m: 1:20.26            | 150m: 2:04.58 | 200m: 2:47.16 |                       |
| 3.                | Lieke Duijnkerke  | Z & PC De Zeeuwse Kust 1 | 2:54.06       | 200700468     | S10 2:49.05 +0,78 411 |
|                   | 50m: 37.76        | 100m: 1:21.25            | 150m: 2:07.34 | 200m: 2:49.05 |                       |
| 4.                | Wies Ruitenbeek   | Z & PC De Zeeuwse Kust 1 | 3:08.93       | 200700234     | 2:57.70 +0,81         |
|                   | 50m: 40.97        | 100m: 1:27.54            | 150m: 2:14.51 | 200m: 2:57.70 |                       |
| 5.                | Noa Quist         | Scheldestroom            | 3:08.28       | 200701712     | 2:58.80 +0,75         |
|                   | 50m: 40.29        | 100m: 1:27.84            | 150m: 2:14.26 | 200m: 2:58.80 |                       |
| 6.                | Luna Kodde        | Z & PC De Zeeuwse Kust 1 | 3:16.62       | 200703122     | 3:06.67 +0,69         |
|                   | 50m: 41.76        | 100m: 1:30.52            | 150m: 2:20.10 | 200m: 3:06.67 |                       |
| 7.                | Charlotte Duine   | De Bevelanders           | 3:28.63       | 200702822     | 3:09.04               |
|                   | 50m: 42.57        | 100m: 1:33.85            | 150m: 2:26.15 | 200m: 3:09.04 |                       |
| 8.                | Emma Bos          | De Schelde               | 3:19.16       | 200701568     | 3:11.48 +0,78         |
|                   | 50m: 42.72        | 100m: 1:32.82            | 150m: 2:24.63 | 200m: 3:11.48 |                       |
| 9.                | Janina Ribbens    | Sg ZOC                   | 3:33.62       | 200701252     | 3:16.02               |
|                   | 50m: 45.71        | 100m: 1:34.29            | 150m: 2:26.91 | 200m: 3:16.02 |                       |
| 10.               | Phoebe Wennekes   | Z & PC De Zeeuwse Kust 1 | 3:32.50       | 200703238     | 3:17.29 +1,08         |
|                   | 50m: 43.56        | 100m: 1:35.17            | 150m: 2:28.53 | 200m: 3:17.29 |                       |
| 11.               | Maud Ghijs        | Scheldestroom            | 3:42.07       | 200702270     | 3:25.58               |
|                   | 50m: 48.45        | 100m: 1:42.06            | 150m: 2:36.66 | 200m: 3:25.58 |                       |
| 12.               | Thaisa De Meyer   | SZ&PC De Bruinvis        | 3:46.85       | 200700676     | 3:27.88               |
|                   | 100m: 1:39.94     | 150m: 2:35.68            | 200m: 3:27.88 |               |                       |
| 13.               | Lara van Son      | De Bevelanders           | 3:45.77       | 200703056     | 3:37.52               |
|                   | 50m: 49.08        | 100m: 1:44.70            | 150m: 2:43.50 | 200m: 3:37.52 |                       |
| NG                | Bo Peeters        | Z & PC De Zeeuwse Kust 1 | 2:56.26       | 200700828     |                       |
| <b>Junioren 2</b> |                   |                          |               |               |                       |
| 1.                | Shanna Joppe      | Z & PC De Zeeuwse Kust 1 | 2:32.34       | 200601186     | 2:29.50 +0,86         |
|                   | 50m: 35.01        | 100m: 1:13.23            | 150m: 1:52.41 | 200m: 2:29.50 |                       |
| 2.                | Carlijn Sigmond   | De Schelde               | 2:50.23       | 200600928     | 2:41.97 +0,70         |
|                   | 50m: 37.89        | 100m: 1:19.20            | 150m: 2:01.22 | 200m: 2:41.97 |                       |
| 3.                | Merel Hommers     | De Schelde               | 2:49.27       | 200600926     | 2:44.35 +0,66         |
|                   | 50m: 36.53        | 100m: 1:18.32            | 150m: 2:01.97 | 200m: 2:44.35 |                       |
| 4.                | Fenna Theunissen  | De Bevelanders           | 3:00.62       | 200600532     | 2:47.41 +0,81         |
|                   | 50m: 37.11        | 100m: 1:21.18            | 150m: 2:06.60 | 200m: 2:47.41 |                       |
| 5.                | Lotte Vandamme    | ZCKoewacht 1             | 2:58.92       | 200600972     | 2:50.40 +0,91         |
|                   | 50m: 38.57        | 100m: 1:22.43            | 150m: 2:07.45 | 200m: 2:50.40 |                       |
| 6.                | Sam Albicher      | De Schelde               | 3:04.10       | 200600936     | 2:51.43 +0,56         |
|                   | 50m: 39.27        | 100m: 1:22.30            | 150m: 2:07.92 | 200m: 2:51.43 |                       |
| 7.                | Escha Zuidweg     | Z&PC De Ganze            | 3:19.47       | 200603722     | 3:06.17 +0,78         |
|                   | 50m: 40.99        | 100m: 1:30.60            | 150m: 2:19.92 | 200m: 3:06.17 |                       |
| 8.                | Kirsten Verdurmen | ZCKoewacht 1             | 3:31.67       | 200602718     | 3:16.20 +1,13         |
|                   | 50m: 43.48        | 100m: 1:33.80            | 150m: 2:27.12 | 200m: 3:16.20 |                       |
| 9.                | Rachelle Barbery  | Sg ZOC                   | 3:30.29       | 200603676     | 3:16.34 +1,11         |
|                   | 50m: 42.64        | 100m: 1:33.77            | 150m: 2:28.07 | 200m: 3:16.34 |                       |
| 10.               | Celina Langeslag  | Sg ZOC                   | 3:16.49       | 200602562     | 3:17.95 +0,98         |
|                   | 50m: 43.22        | 100m: 1:33.28            | 150m: 2:28.11 | 200m: 3:17.95 |                       |
| 11.               | Lore Rombaut      | De Honte                 | 3:18.53       | 200603066     | 3:18.65 +1,09         |
|                   | 50m: 43.94        | 100m: 1:35.72            | 150m: 2:30.32 | 200m: 3:18.65 |                       |
| 12.               | Simone Brakman    | Scheldestroom            | 3:38.45       | 200600274     | 3:28.84               |
|                   | 50m: 47.50        | 100m: 1:43.01            | 150m: 2:39.75 | 200m: 3:28.84 |                       |

Programmanr. 37, Meisjes, 200m vrije slag, Junioren 2

| rang | naam                 | vereniging    | intijd        | tijd          | RT            |
|------|----------------------|---------------|---------------|---------------|---------------|
| 13.  | Tara den Besten<br>* | Scheldestroom | 3:27.07       | 200604216     | 3:34.69       |
|      | 50m: 47.54           | 100m: 1:43.50 | 150m: 2:40.82 | 200m: 3:34.69 |               |
| 14.  | Roos Vermeire        | Scheldestroom | 4:08.53       | 200603696     | 3:46.84 +0,91 |
|      | 50m: 48.16           | 100m: 1:46.64 | 150m: 2:49.56 | 200m: 3:46.84 |               |

Junioren 3

|     |                       |                          |               |               |               |
|-----|-----------------------|--------------------------|---------------|---------------|---------------|
| 1.  | Manouk Maas           | Z & PC De Zeeuwse Kust 1 | 2:30.19       | 200502952     | 2:24.40 +0,87 |
|     | 50m: 33.98            | 100m: 1:11.24            | 150m: 1:49.73 | 200m: 2:24.40 |               |
| 2.  | Madelief Kranz        | Z & PC De Zeeuwse Kust 1 | 2:26.81       | 200502494     | 2:26.34 +1,00 |
|     | 50m: 33.55            | 100m: 1:10.21            | 150m: 1:48.49 | 200m: 2:26.34 |               |
| 3.  | Maud Ruitenbeek       | Z & PC De Zeeuwse Kust 1 | 2:41.45       | 200501894     | 2:38.73 +0,88 |
|     | 50m: 35.35            | 100m: 1:16.11            | 150m: 1:57.86 | 200m: 2:38.73 |               |
| 4.  | Maaike Meulblok       | Z & PC De Zeeuwse Kust 1 | 2:47.74       | 200500104     | 2:42.60 +0,68 |
|     | 50m: 36.19            | 100m: 1:17.95            | 150m: 2:01.02 | 200m: 2:42.60 |               |
| 5.  | Veerle Lavooy         | Z&PC De Ganze            | 2:57.06       | 200500972     | 2:46.97 +0,90 |
|     | 50m: 38.30            | 100m: 1:23.09            | 150m: 2:07.92 | 200m: 2:46.97 |               |
| 6.  | Esmee van den Hout    | Scheldestroom            | 2:54.44       | 200503696     | 2:52.52 +0,84 |
|     | 50m: 39.43            | 100m: 1:22.63            | 150m: 2:08.37 | 200m: 2:52.52 |               |
| 7.  | Maxime Verbruggen     | ZCKoewacht 1             | 3:00.47       | 200503632     | 2:52.84 +0,87 |
|     | 50m: 38.52            | 100m: 1:22.86            | 150m: 2:09.17 | 200m: 2:52.84 |               |
| 8.  | Anouk Bijl<br>*       | De Schelde               | 2:58.50       | 200503768     | 2:58.40 +0,90 |
|     | 50m: 39.46            | 100m: 1:24.43            | 150m: 2:12.10 | 200m: 2:58.40 |               |
| 9.  | Anouk d'Hooghe        | De Honte                 | 3:11.40       | 200500958     | 3:12.20 +0,95 |
|     | 50m: 43.73            | 100m: 1:33.94            | 150m: 2:24.80 | 200m: 3:12.20 |               |
| 10. | Naomi Seij            | De Honte                 | 3:24.52       | 200500462     | 3:17.97 +1,11 |
|     | 50m: 43.24            | 100m: 1:34.69            | 150m: 2:27.96 | 200m: 3:17.97 |               |
| 11. | Lieselotte Ivens      | De Honte                 | 3:46.74       | 200500266     | 3:47.57 +1,07 |
|     | 50m: 49.54            | 100m: 1:47.70            | 150m: 2:48.90 | 200m: 3:47.57 |               |
| 12. | Leanne van den Bunder | Scheldestroom            | 3:55.55       | 200501764     | 3:56.16       |
|     | 50m: 54.36            | 100m: 1:55.11            | 150m: 2:57.49 | 200m: 3:56.16 |               |

Jeugd 1 en 2

|     |                        |                          |               |               |               |
|-----|------------------------|--------------------------|---------------|---------------|---------------|
| 1.  | Babet de Voogd         | Z & PC De Zeeuwse Kust 1 | 2:12.81       | 200301362     | 2:13.81 +0,75 |
|     | 50m: 31.41             | 100m: 1:06.33            | 150m: 1:40.86 | 200m: 2:13.81 |               |
| 2.  | Fenna Klaassen         | Z & PC De Zeeuwse Kust 1 | 2:23.77       | 200401730     | 2:24.30 +0,85 |
|     | 50m: 32.69             | 100m: 1:09.39            | 150m: 1:47.88 | 200m: 2:24.30 |               |
| 3.  | Anna Tiemersma         | Z & PC De Zeeuwse Kust 1 | 2:23.20       | 200400686     | 2:24.48 +0,81 |
|     | 50m: 33.68             | 100m: 1:10.31            | 150m: 1:47.87 | 200m: 2:24.48 |               |
| 4.  | Anouck Romeijnsen<br>* | Z & PC De Zeeuwse Kust 1 | 2:28.39       | 200402808     | 2:27.12 +0,85 |
|     | 50m: 33.68             | 100m: 1:11.79            | 150m: 1:50.31 | 200m: 2:27.12 |               |
| 5.  | Tessa Roovers          | De Schelde               | 2:29.24       | 200405206     | 2:27.53 +0,73 |
|     | 50m: 33.84             | 100m: 1:11.98            | 150m: 1:51.48 | 200m: 2:27.53 |               |
| 6.  | Elte van Goethem       | De Honte                 | 2:26.82       | 200300432     | 2:28.56 +0,78 |
|     | 50m: 33.41             | 100m: 1:10.92            | 150m: 1:49.86 | 200m: 2:28.56 |               |
| 7.  | Lavinya Herrebout      | Z & PC De Zeeuwse Kust 1 | 2:32.29       | 200402942     | 2:30.91 +0,90 |
|     | 50m: 34.24             | 100m: 1:13.21            | 150m: 1:53.09 | 200m: 2:30.91 |               |
| 8.  | Romy van der Zwan      | Scheldestroom            | 2:32.84       | 200403826     | 2:32.16 +0,80 |
|     | 50m: 34.48             | 100m: 1:13.50            | 150m: 1:54.04 | 200m: 2:32.16 |               |
| 9.  | Emma van Eijkeren      | Z&PC De Ganze            | 2:33.87       | 200403616     | 2:33.07 +0,81 |
|     | 50m: 34.62             | 100m: 1:13.74            | 150m: 1:53.51 | 200m: 2:33.07 |               |
| 10. | Nasca van Dijk         | ZCKoewacht 1             | 2:36.57       | 200300816     | 2:40.62 +0,78 |
|     | 50m: 35.55             | 100m: 1:15.98            | 150m: 1:58.46 | 200m: 2:40.62 |               |
| 11. | Danique Cuelenaere     | Z & PC De Zeeuwse Kust 1 | 2:39.01       | 200400690     | 2:41.40 +0,82 |
|     | 50m: 36.62             | 100m: 1:18.18            | 150m: 2:00.74 | 200m: 2:41.40 |               |
| 12. | Jasmijn Walraven       | Z & PC De Zeeuwse Kust 1 | 2:42.18       | 200300070     | 2:42.94 +0,90 |
|     | 50m: 37.06             | 100m: 1:18.43            | 150m: 2:01.33 | 200m: 2:42.94 |               |

Programmanr. 37, Meisjes, 200m vrije slag, Jeugd 1 en 2

| rang | naam                           | vereniging     | intijd   | tijd                 | RT    |
|------|--------------------------------|----------------|--|----------------------|-------|
| 13.  | Mara Steenbakker<br>50m: 37.57 | De Bevelanders | 2:45.52<br>100m: 1:20.25 150m: 2:04.76 200m: 2:47.92 | 200304436<br>2:47.92 | +0,95 |
| 14.  | Vera de Munnik<br>50m: 38.29   | De Bevelanders | 2:41.27<br>100m: 1:20.61 150m: 2:05.28 200m: 2:48.25 | 200400636<br>2:48.25 | +0,79 |
| 15.  | Annelon Marsman<br>50m: 35.91  | De Honte       | 2:42.90<br>100m: 1:19.99 150m: 2:07.11 200m: 2:49.45 | 200403864<br>2:49.45 | +0,85 |
| NG   | Marieke Hirdes                 | De Bevelanders | 2:40.97  | 200302140            |       |

Senioren 1 en ouder

|     |                                     |                          |  |                      |       |
|-----|-------------------------------------|--------------------------|--|----------------------|-------|
| 1.  | Kirsten Walraven<br>50m: 31.48      | Z & PC De Zeeuwse Kust 1 | 2:12.02<br>100m: 1:06.72 150m: 1:41.67 200m: 2:13.80 | 200001358<br>2:13.80 | +0,82 |
| 2.  | Manon Kloosterman<br>50m: 31.41     | De Bevelanders           | 2:15.97<br>100m: 1:05.91 150m: 1:41.04 200m: 2:15.49 | 199702082<br>2:15.49 | +0,80 |
| 3.  | Laura Nieuwland<br>50m: 31.96       | Z & PC De Zeeuwse Kust 1 | 2:15.25<br>100m: 1:07.20 150m: 1:43.37 200m: 2:18.68 | 200001834<br>2:18.68 | +0,83 |
| 4.  | Esther Tiemersma<br>50m: 32.06      | Z & PC De Zeeuwse Kust 1 | 2:23.81<br>100m: 1:07.85 150m: 1:43.73 200m: 2:19.31 | 200202962<br>2:19.31 | +0,69 |
| 5.  | Céline Brink<br>50m: 31.33          | Z & PC De Zeeuwse Kust 1 | 2:13.71<br>100m: 1:07.61 150m: 1:45.08 200m: 2:24.50 | 200001836<br>2:24.50 | +0,74 |
| 6.  | Roos van Marrewijk<br>50m: 32.99    | De Bevelanders           | 2:35.80<br>100m: 1:10.21 150m: 1:48.89 200m: 2:25.98 | 200100560<br>2:25.98 | +0,77 |
| 7.  | Miriam van Noorden<br>50m: 31.99    | Scheldestroom            | 2:28.70<br>100m: 1:08.93 150m: 1:47.99 200m: 2:26.35 | 199102290<br>2:26.35 | +0,82 |
| 8.  | Larissa Jansen<br>50m: 32.98        | De Bevelanders           | 2:25.49<br>100m: 1:09.62 150m: 1:48.55 200m: 2:26.56 | 199500660<br>2:26.56 | +0,86 |
| 9.  | Josine van Dorsselaer<br>50m: 33.41 | ZCKoewacht 1             | 2:25.65<br>100m: 1:10.74 150m: 1:49.34 200m: 2:26.73 | 198801040<br>2:26.73 | +0,70 |
| 10. | Jessica Klaassen<br>50m: 33.12      | ZCKoewacht 1             | 2:27.08<br>100m: 1:10.39 150m: 1:49.77 200m: 2:29.28 | 197901536<br>2:29.28 | +0,80 |
| 11. | Eline Nijskens<br>50m: 35.84        | ZCKoewacht 1             | 2:36.93<br>100m: 1:14.50 150m: 1:53.33 200m: 2:32.06 | 198803194<br>2:32.06 | +0,99 |
| 12. | Kayleigh Kloet<br>*                 | Sg ZOC                   | 2:34.32  | 199802860            | +0,92 |
|     | 50m: 34.55                          | 100m: 1:13.24            | 150m: 1:52.83  | 200m: 2:32.38        |       |
| 13. | Marenne Huigh<br>50m: 35.24         | Scheldestroom            | 2:41.54<br>100m: 1:14.68 150m: 1:56.60 200m: 2:37.74 | 199900852<br>2:37.74 | +0,67 |
| 14. | Pauline Rootsart<br>50m: 35.26      | Scheldestroom            | 2:43.15<br>100m: 1:15.08 150m: 1:57.35 200m: 2:39.03 | 199205604<br>2:39.03 | +0,88 |
| 15. | Daphne Vonk<br>50m: 36.53           | ZCKoewacht 1             | 2:39.07<br>100m: 1:18.50 150m: 2:00.70 200m: 2:41.34 | 200202216<br>2:41.34 | +0,76 |
| 16. | Natasja Forat<br>50m: 36.81         | Z & PC De Zeeuwse Kust 1 | 2:42.90<br>100m: 1:18.09 150m: 2:01.67 200m: 2:42.03 | 197701186<br>2:42.03 | +0,97 |

Programmanr. 38  
 24-11-2018

Heren, 50m vlinderslag

Junioren 1 en ouder  
 Resultaten

Nederlands Record 22.74 Bastiaan Tamminga 13-033 Istanbul (TUR) 2009

| rang              | naam                  | vereniging               | intijd | tijd      | RT          |
|-------------------|-----------------------|--------------------------|--------|-----------|-------------|
| <b>Junioren 1</b> |                       |                          |        |           |             |
| 1.                | Joeri Harreman        | De Schelde               | 34.65  | 200600469 | 34.49 +0,69 |
| 2.                | Kylian Oosterveen     | Z & PC De Zeeuwse Kust 1 | 34.80  | 200600651 | 34.83 +0,72 |
| 3.                | Jelle Fermont         | De Schelde               | 36.32  | 200600395 | 36.28 +0,80 |
| 4.                | Jens van der Kraaij   | De Honte                 | 37.00  | 200601051 | 37.02 +0,94 |
| 5.                | Jamie Versprille<br>* | De Honte                 | 42.53  | 200600221 | 40.73 +0,83 |
| 6.                | Matthijs van Liere    | Scheldestroom            | 42.83  | 200602945 | 42.50 +0,91 |
| 7.                | Davy Louws            | Z&PC De Ganze            | 43.49  | 200601047 | 44.09 +0,70 |
| 8.                | Arne Versprille       | De Honte                 | 44.80  | 200600343 | 44.41 +0,97 |

Programmanr. 38, Jongens, 50m vlinderslag, Junioren 1

| rang | naam                     | vereniging    | intijd |           | tijd  | RT    |
|------|--------------------------|---------------|--------|-----------|-------|-------|
| 9.   | Thijmen Rothuis          | Z&PC De Ganze | 43.76  | 200601049 | 44.83 | +0,74 |
| 10.  | Pieter Nuijten           | ZCKoewacht 1  | 46.25  | 200600043 | 46.06 | +0,64 |
| 11.  | Casper van der Zwan<br>* | ZCKoewacht 1  | 49.69  | 200600645 | 49.17 | +0,69 |
| 12.  | Sem de Ridder            | ZCKoewacht 1  | 51.98  | 200600631 | 52.62 | +0,87 |

Junioren 2

|       |                   |                          |       |           |       |       |
|-------|-------------------|--------------------------|-------|-----------|-------|-------|
| 1.    | Sigsten Jonkman   | Z & PC De Zeeuwse Kust 1 | 31.98 | 200500523 | 31.33 | +0,75 |
| 2.    | Barend de Voogd   | Z & PC De Zeeuwse Kust 1 | 34.61 | 200501111 | 33.28 | +0,72 |
| 3.    | Tjeerd Bakker     | Z & PC De Zeeuwse Kust 1 | 35.42 | 200500313 | 34.73 | +0,66 |
| 4.    | Tomas Hertogh     | Scheldestroom            | 34.88 | 200500297 | 35.07 | +0,78 |
| 5.    | Tim van den Hoven | De Bevelanders           | 37.13 | 200503419 | 35.31 | +0,74 |
| 6.    | Wouter Provoost   | ZCKoewacht 1             | 41.63 | 200500703 | 38.75 | +1,11 |
| 7.    | Tristan Sewalt    | De Schelde               | 40.73 | 200501973 | 42.05 | +0,59 |
| 8.    | Revano van Rijn   | De Schelde               | 50.10 | 200502019 | 48.58 | +0,83 |
| AFGEM | Max Franken       | De Schelde               | 38.11 | 200500291 |       |       |
| AFGEM | Jur Mesu          | Z & PC De Zeeuwse Kust 1 | 48.46 | 200503623 |       |       |

Junioren 3

|    |                   |                          |       |           |       |       |
|----|-------------------|--------------------------|-------|-----------|-------|-------|
| 1. | Thomas Goossen    | De Schelde               | 32.42 | 200402077 | 32.91 | +0,91 |
| 2. | Joeri Kloosterman | De Bevelanders           | 34.11 | 200400495 | 35.03 | +0,98 |
| 3. | Devid Amiryan     | De Schelde               | 35.51 | 200404199 | 35.16 | +0,75 |
| 4. | Dylan Brizee      | De Bevelanders           | 34.81 | 200402993 | 35.52 | +0,87 |
| 5. | Luuk Zijlstra     | Scheldestroom            | 37.55 | 200401075 | 35.91 | +0,93 |
| 6. | Naut Koole        | Z & PC De Zeeuwse Kust 1 | 39.88 | 200404269 | 36.05 | +0,80 |

Junioren 4

|    |                    |                          |       |           |       |       |
|----|--------------------|--------------------------|-------|-----------|-------|-------|
| 1. | Yorick Visser<br>* | Z & PC De Zeeuwse Kust 1 | 27.47 | 200301957 | 27.33 | +0,75 |
| 2. | Flynn Wolterman    | Z & PC De Zeeuwse Kust 1 | 32.67 | 200301063 | 30.32 | +0,75 |
| 3. | Jeroen de Kort     | De Schelde               | 34.34 | 200302149 | 33.03 | +0,73 |
| 4. | Sander Provoost    | ZCKoewacht 1             | 34.82 | 200302121 | 33.96 | +0,84 |
| 5. | Joris van Gelder   | Z&PC De Ganze            | 37.11 | 200303819 | 35.27 | +0,91 |
| 6. | Bart Rommers       | De Bevelanders           | 36.99 | 200301183 | 35.35 | +0,95 |
| 7. | Jarno Voermans     | SZ&PC De Bruinvis        | 49.66 | 200304811 | 43.91 | +0,87 |

Jeugd 1 en 2

|    |                     |                          |       |           |       |       |
|----|---------------------|--------------------------|-------|-----------|-------|-------|
| 1. | Ruben Cuelenaere    | Z & PC De Zeeuwse Kust 1 | 27.99 | 200100695 | 27.55 | +0,79 |
| 2. | Marnix Scheele      | Scheldestroom            | 27.86 | 200103509 | 27.59 | +0,77 |
| 3. | Jeroen Aerssens     | Scheldestroom            | 27.38 | 200100061 | 27.80 | +0,69 |
| 4. | Tristan Kloet       | Sg ZOC                   | 29.98 | 200200063 | 29.75 | +0,73 |
| 5. | Ricardo Kloosterman | De Bevelanders           | 29.59 | 200200253 | 30.31 | +0,77 |
| 6. | Tristan de Looff    | De Bevelanders           | 30.57 | 200203349 | 31.15 | +0,77 |
| 7. | Dylan Fermont<br>*  | Scheldestroom            | 33.00 | 200203311 | 32.76 | +0,91 |
| 8. | Arjen Scheele       | Scheldestroom            | 38.71 | 200203941 | 35.83 | +0,90 |
| NG | Remy Vane           | Z & PC De Zeeuwse Kust 1 | 29.48 | 200202063 |       |       |

Senioren 1 en ouder

|     |                        |                          |       |           |       |       |
|-----|------------------------|--------------------------|-------|-----------|-------|-------|
| 1.  | Kalle van Gemert       | Z & PC De Zeeuwse Kust 1 | 25.93 | 199801259 | 25.88 | +0,71 |
| 2.  | Noa Eversdijk          | Z & PC De Zeeuwse Kust 1 | 25.94 | 199903595 | 26.04 | +0,74 |
| 3.  | Roderick van Doeselaar | Scheldestroom            | 26.26 | 199200261 | 26.80 | +0,67 |
| 4.  | Siebert van Dieren     | De Bevelanders           | 27.18 | 199500849 | 27.37 | +0,70 |
| 5.  | Maarten van der Zwan   | Scheldestroom            | 28.94 | 197501017 | 29.03 | +0,85 |
| 6.  | Tom Erpelinck          | De Honte                 | 29.20 | 199100607 | 29.86 | +0,76 |
| 7.  | Ruben de Kraker<br>*   | Scheldestroom            | 30.12 | 199800639 | 30.65 | +0,78 |
| 8.  | Jochem Rozinga         | De Bevelanders           | 30.18 | 199903281 | 30.74 | +0,70 |
| 9.  | Tom van Gils           | Z & PC De Zeeuwse Kust 1 | 30.13 | 199501799 | 31.06 | +0,73 |
| 10. | Sjoerd Boogert         | De Bevelanders           | 32.65 | 199903153 | 32.07 | +0,87 |
| 11. | Coen de Ridder         | ZCKoewacht 1             | 36.59 | 197401439 | 36.32 | +1,13 |



Programmanr. 38, Heren, 50m vlinderslag, Senioren 1 en ouder

| rang | naam            | vereniging               | intijd | tijd      | RT          |
|------|-----------------|--------------------------|--------|-----------|-------------|
| 12.  | Piet Schop      | De Bevelanders           | 39.13  | 195000109 | 37.48 +0,78 |
| BM   | Philip van Moll | Z & PC De Zeeuwse Kust 1 | NT     | 199700767 | 27.18 +0,70 |

Programmanr. 39  
 24-11-2018 Dames, 4 x 100m wisselslag Senioren Open Resultaten

Nederlands Record 4:00.28 Psv 13-033 Amsterdam 2008

| rang            | vereniging               | intijd                   | tijd    | RT                                    |
|-----------------|--------------------------|--------------------------|---------|---------------------------------------|
| <b>Junioren</b> |                          |                          |         |                                       |
| 1.              | Z & PC De Zeeuwse Kust 1 | Z & PC De Zeeuwse Kust 1 | 5:14.41 | 5:20.43                               |
|                 | Maud Ruitenbeek          | 40.44                    | 1:25.23 | Manouk Maas +0,64 34.64 1:17.65       |
|                 | Shanna Joppe             | +0,53 42.69              | 1:30.21 | Madelief Kranz +0,75 32.44 1:07.34    |
| 2.              | De Schelde 1             | De Schelde               | 5:48.46 | 5:55.24                               |
|                 | Maud Sutin               | 39.87                    | 1:21.80 | Sam Albicher +0,39 46.36 1:43.22      |
|                 | Carlijn Sigmond          | +0,51 44.49              | 1:35.21 | Merel Hommers +0,13 34.24 1:15.01     |
| 3.              | Scheldestroom 3          | Scheldestroom            | 6:11.16 | 6:10.24                               |
|                 | Esmee van den Hout       | 44.64                    | 1:30.89 | Anne Salomé +0,56 42.52 1:37.17       |
|                 | Juul van Hanegem         | +0,62 46.57              | 1:41.43 | Merel de Hamer +0,41 38.50 1:20.75    |
| 4.              | ZCKoewacht 1             | ZCKoewacht 1             | 6:22.18 | 6:10.62                               |
|                 | Lotte Vandamme           | 42.19                    | 1:27.51 | Maxime Verbruggen +0,52 43.36 1:37.52 |
|                 | Amy van der Zwan         | +0,39 45.20              | 1:37.15 | Kirsten Verdurmen +0,49 42.06 1:28.44 |

DIS De Honte 1 De Honte 6:44.04  
 RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Anouk d'Hooghe, Naomi Seij, Naomi Vink, Lore Rombaut

Jeugd 2 en jonger

|    |                          |                          |         |                                       |
|----|--------------------------|--------------------------|---------|---------------------------------------|
| 1. | Z & PC De Zeeuwse Kust 2 | Z & PC De Zeeuwse Kust 1 | 4:53.56 | 4:57.48                               |
|    | Babet de Voogd           | 32.90                    | 1:07.47 | Anouk Romeijnzen +0,60 38.26 1:25.14  |
|    | Janice Provoost          | +0,24 36.24              | 1:18.18 | Fenna Klaassen +0,47 31.45 1:06.69    |
| 2. | Scheldestroom 2          | Scheldestroom            | 5:44.30 | 5:36.71                               |
|    | Danique Brakman          | 44.10                    | 1:32.78 | Romy van der Zwan +0,55 36.12 1:19.78 |
|    | Julia Scheele            | +0,39 44.25              | 1:35.97 | Tara de Feijter +0,07 32.68 1:08.18   |
| 3. | De Bevelanders 2         | De Bevelanders           | 6:15.43 | 6:06.84                               |
|    | Lara van Son             | 50.62                    | 1:44.19 | Fenna Theunissen +0,61 40.49 1:28.74  |
|    | Mara Steenbakker         | +0,42 43.53              | 1:33.81 | Charlotte Duine +0,41 35.65 1:20.10   |

Senioren Open

|    |                          |                          |         |   |
|----|--------------------------|--------------------------|---------|---|
| 1. | Z & PC De Zeeuwse Kust 3 | Z & PC De Zeeuwse Kust 1 | 4:44.49 | 4:49.68                                   |
|    | Kirsten Walraven         | 33.75                    | 1:08.18 | Laura Nieuwland +0,58 32.91 1:10.89       |
|    | Céline Brink             | +0,56 36.31              | 1:17.80 | Jasmijn Walraven +0,55 34.61 1:12.81      |
| 2. | De Bevelanders 1         | De Bevelanders           | 5:11.06 | 5:01.06                                   |
|    | Manon Kloosterman        |                          | 1:15.48 | Vera de Munnik +0,28                      |
|    | Larissa Jansen           | +0,29                    |         | Roos van Marrewijk                        |
| 3. | ZCKoewacht 2             | ZCKoewacht 1             | 5:06.32 | 5:05.96                                   |
|    | Jessica Klaassen         | 38.44                    | 1:19.01 | Josine van Dorsselaer +0,47 33.59 1:13.24 |
|    | Eline Nijskens           | +0,50 39.56              | 1:24.44 | Nasca van Dijk +0,22 32.91 1:09.27        |
| 4. | De Honte 2               | De Honte                 | 5:08.58 | 5:09.40                                   |
|    | Annelon Marsman          | 41.17                    | 1:27.15 | Simone van Kerckhoven +0,39 33.18 1:16.68 |
|    | Emke Erpelinck           | +0,27 36.97              | 1:19.49 | Elte van Goethem +0,42 30.45 1:06.08      |
| 5. | Scheldestroom 1          | Scheldestroom            | 5:10.24 | 5:31.39                                   |
|    | Miriam van Noorden       | 36.23                    | 1:15.68 | Marenne Huigh +0,29 38.44 1:29.00         |
|    | Pauline Scheele          | +0,45 44.02              | 1:34.36 | Pauline Rootsart +0,61 34.31 1:12.35      |

Programmanr. 40  
24-11-2018

Heren, 4 x 100m vrije slag

Junioren 1 en ouder  
Resultaten

Nederlands Record 3:14.26 De Dolfijn 07-009 Amsterdam 2010

| rang                   | vereniging          | intijd  |         | tijd            | RT      |
|------------------------|---------------------|---------|---------|-----------------|---------|
| <b>Junioren 1 en 2</b> |                     |         |         |                 |         |
| 1.                     | ZCKoewacht 1        | 5:16.11 |         | 5:35.14         |         |
|                        | Casper van der Zwan | 39.59   | 1:28.19 | +0,34           | 39.50   |
|                        | Sem de Ridder       | +0,70   | 43.35   | 1:32.73         | 1:25.27 |
|                        |                     |         |         | Wouter Provoost | 1:08.95 |
|                        |                     |         |         | +0,67           | 32.39   |

**Junioren**

|    |                |         |         |                |  |
|----|----------------|---------|---------|----------------|--|
| 1. | De Schelde 1   | 4:22.02 |         | 4:19.99        |  |
|    | Devid Amiryran | 31.24   | 1:06.03 |                |  |
|    | Jeroen de Kort | +0,44   |         |                |  |
|    |                |         |         | Thomas Goossen |  |
|    |                |         |         | Lorenzo Bakker |  |

**Jeugd 2 en jonger**

|    |                          |                          |         |                     |         |
|----|--------------------------|--------------------------|---------|---------------------|---------|
| 1. | Z & PC De Zeeuwse Kust 1 | Z & PC De Zeeuwse Kust 1 | 4:03.99 | 4:08.16             | +0,71   |
|    | Flynn Wolterman          | +0,71                    | 29.46   | +0,10               | 29.43   |
|    | Steyn Mosterd            | +0,39                    | 30.88   | 1:04.28             | 1:01.00 |
|    |                          |                          |         | Sigsten Jonkman     |         |
|    |                          |                          |         | Guido Brink         |         |
|    |                          |                          |         | +0,50               | 28.22   |
| 2. | Scheldestroom 2          | Scheldestroom            | 4:30.51 | 4:17.26             | +0,76   |
|    | Marnix Scheele           | +0,76                    | 27.54   | 57.69               | 1:06.01 |
|    | Arjen Scheele            | +0,71                    | 31.27   | 1:06.70             | 1:06.86 |
|    |                          |                          |         | Dylan Fermont       |         |
|    |                          |                          |         | Luuk Zijlstra       |         |
|    |                          |                          |         | +0,77               | 31.25   |
|    |                          |                          |         | +0,63               | 30.82   |
| 3. | De Bevelanders 2         | De Bevelanders           | 4:19.82 | 4:24.52             | +0,91   |
|    | Joeri Kloosterman        | +0,91                    | 31.00   | 1:06.24             | 1:06.67 |
|    | Bart Rommers             | +0,83                    | 32.65   | 1:08.31             | 1:03.30 |
|    |                          |                          |         | Tristan de Looff    |         |
|    |                          |                          |         | Ricardo Kloosterman |         |
|    |                          |                          |         | +0,45               | 30.95   |
|    |                          |                          |         | +0,33               | 29.57   |

**Senioren Open**

|    |                          |                          |         |                      |       |
|----|--------------------------|--------------------------|---------|----------------------|-------|
| 1. | Z & PC De Zeeuwse Kust 2 | Z & PC De Zeeuwse Kust 1 | 3:42.11 | 3:43.80              | +0,71 |
|    | Yorick Visser            | +0,71                    | 25.70   | 56.72                | 53.82 |
|    | Tom van Gils             | +0,55                    | 28.85   | 1:00.04              | 53.22 |
|    |                          |                          |         | Kalle van Gemert     |       |
|    |                          |                          |         | Noa Eversdijk        |       |
|    |                          |                          |         | +0,37                | 25.75 |
|    |                          |                          |         | +0,31                | 25.67 |
| 2. | De Bevelanders 1         | De Bevelanders           | 4:12.40 | 3:44.53              | +0,85 |
|    | Benjamin Vermeulen       | +0,85                    | 26.49   | 54.90                | 59.20 |
|    | Siegert van Dieren       | +0,18                    | 26.54   | 55.58                | 54.85 |
|    |                          |                          |         | Jochem Rozinga       |       |
|    |                          |                          |         | Junior Vermeulen     |       |
|    |                          |                          |         | +0,31                | 27.44 |
|    |                          |                          |         | +0,22                | 25.72 |
| 3. | Scheldestroom 1          | Scheldestroom            | 3:47.47 | 3:49.15              | +0,73 |
|    | Jeroen Aerssens          | +0,73                    | 27.64   | 55.79                | 59.15 |
|    | Roderick van Doeselaar   | +0,38                    | 26.60   | 55.62                | 58.59 |
|    |                          |                          |         | Maarten van der Zwan |       |
|    |                          |                          |         | Ruben de Kraker      |       |
|    |                          |                          |         | +0,57                | 27.73 |
|    |                          |                          |         | +0,30                | 27.87 |