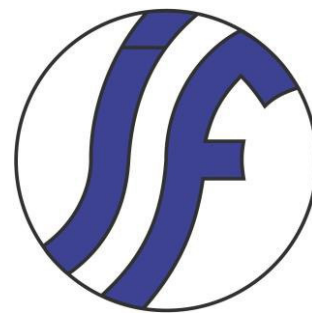


56th International SwimmingFestival

October 09 - 11, 2026



Dear Swimming Friends,

With great pleasure we invite you to the 56th edition of the International SwimmingFestival in Aachen, known as the strongest short course festival in Germany and one of the best in Europe.

The HIGHLIGHTS:

- program includes all Olympic competitions + 100m medley
- 4x50m medley and 4x50m free mixed relays
- short course (25m), electronic timing, 6 lanes
- open class only
- finals with strong fields of participants
- up to **10.000 €** prize money (also for 2nd and 3rd places)
- prize money for the best over-all performance according to the World Aquatics Points table (**250 €**) for the best male and female swimmer
- best conditions for the athletes: fast pool, Omega start blocks, Omega backstroke start wedges, limited number of heats
- opportunity for paralympic swimmers to participate

FACTS ISF 2009-2025:

- **World record** 50m butterfly by Steffen Deibler (22.06 sec.) in 2009
- national records by Caroline Ruhнау, Kerstin Vogel, Steffen Deibler (GER), Kimberly Buys, Jolien Sysmans, Jasper Aerents (BEL), Raphael Stracchiotti (LUX), Job Kienhuis, Femke Heemskerk (NL), Nils Liess (SUI), Roos Vanotterdijk (BEL) and Noah Verreth (BEL)
- swimmers from 15 nations competing in Aachen: BEL, BRA, DEN, FIN, FAR, GER, GRE, IRL, KOS, LUX, MLT, NED, NOR, POL, SUI, SWE

We are looking forward to welcoming you to the 56th International SwimmingFestival, together with many other teams from Europe. As the inviting club, ASV06, we will do our best to create the general conditions for top performances with the help of our long-time experience.

Looking forward to seeing you in Aachen in October.

Yours sincerely,
Aachener Schwimmverein 06 e.V.



PROGRAM

No	Competition				LH	Std.Time	Festival record				Winner ISF 2025		RJ
Friday, 09.10.2026					Warming up: 17.30 h					Beginning: 19.00 h			
1	m	1500 m	free	decision	3	16:50.00	Job Kienhuis, NED	2011	14:39.97	Tuukka Orre, FIN	15:22.83	150 €	
2	w	800 m	free	decision	3	9:40.00	Rieneke Terink, NED	2013	8:24.26	M. Hieke v.d. Kamp, NED	8:26.87	150 €	
3	m	400 m	ind. med.	decision	4	5:05.00	Arjan Knipping, NED	2018	4:07.90	Sven Klink, NED	4:22.58	150 €	
4	w	400 m	ind. med.	decision	4	5:25.00	Femke Heemskerk, NED	2014	4:33.88	Fleur Verdonck, BEL	4:49.45	150 €	
Saturday,10.10.2026					Warming up: 11.00 h					Beginning: 12.30 h			
5	w	50 m	fly	prelims		0:31.00	Maike de Waard, NED	2025	0:25.22	Maaïke de Waard, NED	0:25.22	50 €	
6	m	50 m	fly	prelims		0:27.50	<u>Steffen Deibler, GER</u>	<u>2009</u>	<u>0:22.06</u>	Emre Gürdenli, NED	0:23.68	150 €	
7	w	200 m	breast	decision		2:48.00	Rikke Peddersen, DEN	2016	2:22.85	Zinke Delcommune,BEL	2:30.11	150 €	
8	m	200 m	breast	decision		2:36.00	Marco Koch, GER	2013	2:05.02	Noah De Schryver, BEL	2:06.29	150 €	
9	w	50 m	back	prelims		0:32.00	Maaïke de Waard, NED	2025	0:26.66	Maaïke de Waard, NED	0:26.66	50 €	
10	m	50 m	back	prelims		0:29.00	<u>Jarre Lafort, Noah Verreth, BEL</u>	2025	0:24.12	<u>Noah Verreth, BEL</u>	<u>0:24.12</u>	50 €	
11	w	200 m	fly	decision		2:28.00	Lotte Hosper, NED	2022	2:10.54	Femke Spiering, NED	2:13.05	150 €	
12	m	200 m	fly	decision		2:14.00	M. Brzowski, NED	2018	1:52.33	Erik Nurmi, FIN	1:59.50	150 €	
13	w	50 m	breast	prelims		0:36.00	Moniek Nijhuis, NED	2014	0:29.90	Hylcke de Beer, NED	0:32.15	150 €	
14	m	50 m	breast	prelims		0:31.00	Ties Elzermann, NED	2018	0:26.32	Koen de Groot, NED	0:27.17	150 €	
15	w	200 m	back	decision		2:30.00	Wendy vd Zanden, NED	2013	2:07.38	Zûlal Zeren, NED	2:09.03	150 €	
16	m	200 m	back	decision		2:22.00	Jens Thiele, GER	2006	1:55.20	Raf Hendriks, NED	1:57.34	150 €	
17	w	50 m	free	prelims	0:29.00	Ran. Kromowidjojo, NED	2014/15	0:23.64	Valerie van Roon	0:24.13	150 €		
18	m	50 m	free	prelims	0:25.00	Steffen Deibler, GER	2009	0:21.00	Kenzo Simons, NED	0:21.80	150 €		
19	w	400 m	free	decision	4	4:48.00	Rieneke Terink, NED	2009	4:05.83	Marte Hieke v. d. Kamp, NED	4:07.32	150 €	
20	m	400 m	free	decision	4	4:11.00	M. Brzowski, NED	2021	3:42.99	Bas Claerhout, BEL	3:50.60	150 €	
21	w	100 m	ind. med.	prelims		1:11.00	Femke Heemskerk, NED	2014	0:58.96	Zinke Delcommune, BEL	1:02.52	150 €	
22	m	100 m	ind. med.	prelims		1:04.00	Kyle Stolk, NED	2018	0:52.70	Maximillian Warkentin, GER	0:54.72	150 €	
Saturday,10.10.2026					Warming up: 17.00 h					Beginning: 18.30 h			
"ASV06 Young talents" heat before the official finals. Finals start approx. 18.35 h													
Finals No. 5/6 9/10 13/14 17/18 21/22													
23	4x50 m medley mixed			decision			KNZB, NED	2015	1:41.72	SG Frankfurt	1:44.48		
Sunday, 11.10.2026					Warming up: 08.30 h					Beginning: 10.00 h			
24	w	200 m	free	prelims		2:09.00	<u>Femke Heemskerk, NED</u>	<u>2014</u>	<u>1:51.72</u>	M. Hieke v. d. Kamp, NED	2:00.50	150 €	
25	m	200 m	free	prelims		1:59.00	Steffen Deibler, GER	2009	1:43.75	Bere Waemiers, NED	1:48.44	150 €	
26	w	200 m	ind. med.	prelims		2:31.00	<u>Femke Heemskerk, NED</u>	<u>2014</u>	<u>2:07.26</u>	Fay Boxum, NED	2:18.69	150 €	
27	m	200 m	ind. med.	prelims		2:14.00	Arjan Knipping, NED	2018	1:56.43	Paul Alves Torres, BEL	2:01.43	150 €	
28	w	100 m	back	prelims		1:09.00	Maaïke de Waard, NED	2025	0:57.44	Maaïke de Waard, NED	0:57.44	50 €	
29	m	100 m	back	prelims		1:02.00	Noah Verreth, BEL	2025	0:51.92	Noah Verreth, BEL	0:51.92	50 €	
30	w	100 m	fly	prelims		1:09.00	Inge Decker, NED	2007	0:57.55	Femke Spiering, NED	1:00.30	150 €	
31	m	100 m	fly	prelims		1:00.00	Joeri Verlinden, NED	2009	0:50.95	Joshua Salchow, GER	0:52.82	150 €	
32	w	100 m	breast	prelims		1:18.00	Tes Schouten, NED	2022	1:04.73	Nina Zusterzeel, NED	1:10.42	150 €	
33	m	100 m	breast	prelims		1:11.00	Marco Koch, GER	2013	0:58.24	Noah De Schryver, BEL	0:59.33	150 €	
34	w	100 m	free	prelims		1:01.00	Femke Heemskerk, NED	2014	0:51.66	Valerie van Roon, NED	0:54.54	150 €	
35	m	100 m	free	prelims		0:55.00	<u>Steffen Deibler, GER</u>	<u>2009</u>	<u>0:45.91</u>	Emre Gürdenli, NED	0:48.56	150 €	
36	w	1500 m	free	decision	2	19:00.00	Marte Hieke von der Kamp, NED	2025	16:02.32	M. Hieke v. d. Kamp, NED	16:02.32	50 €	
37	m	800 m	free	decision	2	9:00.00	M. Brzowski, NED	2022	7:54.62	Tuukka Orre, FIN	8:03.22	150 €	
Sunday, 11.10.2026					Warming up: 14.00 h					Beginning: 15.00 h			
Finals No. 24 - 35													
38	4x50 m free mixed			decision			PSV Eindhoven	2025	1:33.69	PSV Eindhoven	1:33.69		

LH = limitation of heats

RJ = record jackpot

underlined = national Record

bold = world record

Rules and regulations

1. Rules and Conditions of Participation

The meeting will be staged according to the rules (WB and RO) and the anti-doping regulations (ADO) of the German Swimming Federation (DSV). For handicapped swimmers with the appropriate classification of evidence the rules and regulations of the German Disabled Sports Federation (DBS) will be in force additionally. The meeting is open to all clubs and teams of federations associated to World Aquatics. For German clubs we refer to the special regulations of the DSV (please see also the German version of this invitation).

When submitting the entries, the club must confirm that its athletes are healthy to do sports.

2. Registration

2.1. Registration

Please send your entries until **Wednesday, September 24, 2025**, to

Sabine Zimmermann
Cell: +49 176 78205065
Email: isf@asv06.de

For electronic entry we provide a competition definition file in Lennex 3 standard in the download area of our homepage (<https://isf.asv06.de>).

Official competition results from the **period September 1, 2024, to September 22, 2026** are to be used as entry times! The use of times achieved in a 50m pool is allowed.

We expect the registration in Lennex 3 format, with a proof when and where the entry time has been reached. Another way of reporting is possible for non-European clubs, if each entry time is proven (e.g., by attaching the respective meeting protocol where it was reached). In justified individual cases we take the liberty to waive the proof of the entry time, if this is in the best interest of a high-class competition.

2.2. Limitation of entries

We limit the number of heats **in the best interest of a high-class competition** (refer also to column „L.H.“ in the table on page 2). The swimmers with the fastest entry times (please also see paragraph 2.2) will be accepted. Additional eight swimmers will be put on the reserve list for each event. The corresponding start list (including reserve swimmers) will be published on September 26, 2026.

The given **standard times** in the program are based on the results of the last years and shall be understood as follows: You will be likely accepted if your entry time is below the standard time.

We reserve the right to reserve two starting places per event for the swimmers of the organizing ASV06. We reserve the right to reserve two starting places per event for paralympic swimmers.

2.3. Cancellations

Cancellations are permitted up to 1 hour before the start of each meeting section and must be made in writing by the swimmer or a club representative in the protocol room. The cancellation is valid for the rest of the respective day including the relays.

2.4. Registration fee

The entry fee is 13,00 € for each individual start and 20,00 € for relays. The entry fee can only be transferred to the bank account of the Aachener Schwimmverein 06 e.V.

T i m e t a b l e	
23.09.	entry deadline
26.09.	entry list
01.10.	Deadline cancellations
03.10.	Final start list
09.10. 10.10. 11.10.	56th ISF



Account holder: Aachener Schwimmverein 06
IBAN: DE66 3905 0000 0026 0604 83
SWIFT/BIC-Code: AACSD33

The entry fee must be transferred until October 09, 2026, otherwise the club/team is not allowed to start. The possible overpaid money (from athletes on the reserve list) will be paid back via bank transfer. We therefore ask you to include your bank details (IBAN and BIC/SWIFT-Code) in your registration.

If a club does not participate, the duty of payment persists.

3. Competition

The swim meet will be held at "Schwimmhalle Ost", St.-Josefs-Platz 8, 52068 Aachen (Germany). The pool consists of six lanes and is 25m long (short course). The lanes are separated by wave-killing lines. The temperature of water is at least 26° Celsius, the depth varies from 2.00m – 3.80m.

Electronic timing (system Omega) will be used. The start list will be arranged according to §121- §123 WB (DSV). The start signal will be given in English.

Backstroke start wedges will be in use.

4. Officials

From 5 athletes per section, one official must be provided for this section, from 10 athletes onwards, 2 officials must be provided, etc. The other officials will be organized by the organizer in cooperation with Schwimmbezirk Aachen.

5. Rewards

The ranking only consists of open class. The three best swimmers of each event receive medals. The prize money is regulated by paragraph 9 of this invitation.

6. Mixed medley relay

Two women and two men have to swim, but their order is arbitrary. In addition to relay teams from clubs, also teams from national or federational groups are allowed to start. The medley-relay has to be swum in the ordinary order: back-breast-fly-free.

7. Spectators

Spectators are very welcome! Further information and entrance fee will be published in due time on the event website <https://isf.asv06.de>.

8. Privacy

With the registration, the club or swimmer accepts the invitation and the rules of the competition. The club and/or the swimmer agree to the storage of personal data. Permission is also given to publish event information. On top the club and/or swimmer also declares that all provided data, all photos and videos taken at the meet can be used for media and sponsors without compensation.



9. Prize money

Up to **9,440 €** in prize money will be awarded. The money is distributed according to the following system:

A. Specialist's Rating

There is prize money available in the following categories for men and women:

100 + 200 m	Butterfly	(fly specialist)
100 + 200 m	Backstroke	(back specialist)
100 + 200 m	Breaststroke	(breast specialist)
100 + 200 m	Freestyle	(free specialist)
400 + 800 + 1500 m	Freestyle	(long-distance specialist)
200 + 400 m	Individual Medley	(medley specialist)

In each category, the highest score will be determined according to the current World Aquatics points-table. If a swimmer starts in prelims and final, the time of the final will be taken if he achieves more than zero points. For the long-distance specialists, only the two best results will be considered for the award. In each category the three best swimmers (male and female) get a prize money of **100 €, 50 € and 30 €** respectively.

B. Sprint Rating

In the prelims of all 50m-competitions and 100m ind. medley the eight fastest swimmers will get points: 10-8-6-5-4-3-2-1. The three best swimmers with the highest score from all five competitions will be awarded a prize money of **250 €, 150 € and 100 €** respectively.

C. Relays

The three best teams receive **240 €, 120 € and 80 €**, respectively.

D. Special Rating

The swimmer who gains the highest score in a single race (World Aquatics table, short course) will get a prize money of **250 €** each. Men and women are awarded separately.

E. Record Reward

For each new Festival record a premium of **50 €** will be awarded. If no new record is set up for an event, the prize money will be passed into a record jackpot. This means that next year the prize money will be 100 € for this event and so on. But the jackpot is limited to **150 €**. You can see the amount for each event in the program table.

If a record is set up in a prelim, the prize money will only be given when the swimmer also starts in the final of this event. If more than one swimmer breaks the record, only the fastest swimmer will get the reward and will be published as record holder.

Prize money and awards must be received in person. Otherwise, they will be forfeited to the organizer after the end of the competition (ASV06).

This invitation was shown to the swimming officer of Swimming District Aachen (Schwimmbezirk Aachen), Dirk Heinrichs.

In case of any disagreement between the English and German version of this invitation, the German version is the relevant one.

Norbert Kotthoff
President

Aachener Schwimmverein 06 e.V.

Bernd Zimmermann
Organizing Committee ISF 2026

Aachener Schwimmverein 06 e.V.

